



## Q Calcium with Magnesium

*Q Calcium with Magnesium* is a bone mineral supplement that reduces the risk of developing weak bones by providing balanced and highly absorbable restorative minerals necessary for healthy bone density. As well as helping to develop and maintain bone, *Q Calcium with Magnesium* aids in the maintenance of healthy cartilage, teeth, and gums.\*

### Why Q Calcium with Magnesium?

As we grow and as we age, calcium and magnesium are essential minerals for the development and maintenance of healthy bones, teeth, and muscle function. Without adequate amounts of these micronutrients, bones fail to develop properly or become weak and brittle with age. In addition to calcium and magnesium, *Q Calcium with Magnesium* delivers all the nutrients you need, including vitamin D, vitamin C, zinc, phosphorus, selenium, and copper for strong, healthy bones and overall wellness.\*

### Supportive Nutrients

- **Vitamin D:** Aids in the absorption of calcium and protects against the development of weak bones.\*
- **Vitamin C:** Assists in the production and repair of connective tissue, cartilage, and bones.\*
- **Zinc:** Found in cells throughout the body, zinc supports a healthy immune system and plays a role in cell division and cell growth.\*
- **Phosphorus:** Most phosphorus in the body is found in the bones and teeth and is needed for the body to make protein for the growth, maintenance, and repair of cells and tissues.\*
- **Selenium:** This essential trace mineral is responsible for making special enzymes called selenoproteins, which play a role in preventing cell damage.\*
- **Copper:** Copper works with iron to help the body form red blood cells. It also helps keep the blood vessels, nerves, immune system, and bones healthy.\*

### Features:

- Provides balanced, highly absorbable restorative nutrients for healthy bone density\*
- Formulated with the highest quality natural ingredients\*
- Vitamin K free, making *Q Calcium with Magnesium* safe for those taking blood thinning medications.\*

**Suggested Use:** Take two tablets three times daily. Store in a cool, dry place.



\*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.



### KEY BENEFITS:

- Maintains healthy bone density\*
- Promotes healthy cartilage, teeth, and gums\*
- Stimulates connective tissue production and repair\*
- Supports muscle and immune function\*

Live Life eXponentially!



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Dietary Supplement • 180 Tablets

## Supplement Facts

Serving Size: 2 Tablets

**Servings Per Container: 90**

<b>Amount Per Serving</b>		<b>% Daily Value</b>
Vitamin C (as ascorbic acid)	160 mg	267%
Vitamin D (as cholecalciferol)	333 IU	83%
Calcium (as chelate)	434 mg	43%
Phosphorus (as chelate)	266 mg	27%
Magnesium (as chelate)	167 mg	42%
Zinc (as chelate)	8 mg	53%
Selenium (as chelate)	34 mcg	49%
Copper (as chelate)	1.2 mg	60%
Boron (as chelate)	0.42 mg	**

Other Ingredients: Microcrystalline cellulose, Croscamellose sodium, Citric acid, Glycine, Stearic acid, Magnesium stearate, Silicon dioxide, Hydroxypropyl cellulose, Gum acacia.