



LANA'S STARTERS

Classy Caesar Starter 8 Meal 14 Gluten Free Option **C**

Fresh Romaine*Crispy Prosciutto*Shaved Parmesan*Roasted Capers*Baked Croutons*Bold Garlic Caesar dressing
For the Carnivores, add grilled chicken/seafood/steak – 5

Jazzy Pear Salad Starter 8 Meal 14 Gluten Free **H**

Mixed Greens*Juicy Pear*Dried Cranberry*Feta*Toasted Pecan*Tangy Lemon Dressing
For the Carnivores, add grilled chicken/seafood/steak -- 5

Chefs Soup Offering Bowl 6 Meal 9 Gluten Free **C/H**

Two soups offered daily. Meal portion served with wedges of our Artisan Bread.

Root Chip Basket 7 Gluten Free **H**

Variety of Sweet Potato*Yucca*Taro*Plantain*Eddoes thinly sliced Served with our own Lemon Dill Aioli.

Sultry Seared Citrus Scallops 15 Gluten Free **C**

4 Gargantuan Scallops*Seared in Garlic Butter*Citrus Cream Reduction

Confit Duck Wings 16 Gluten Free **C**

6 Duck Wings*Choice of Seasonal Chutney/Yogurt Dill Ranch/Parmesan Black Pepper/Scorch*Pickled Beans

Lana's Signature Spiral Pickle 7 **H**

Large Spiral Cut Pickle* Coated with Beer Batter*Rolled in Panko Served with a tasty Dill Aioli.

Black Bean Quesadilla 12 **H**

Black Bean Quesadilla mix (black bean, red pepper, red onion, diced tomato)*Melted Cheese
Served with Sour Cream & Salsa. **For the Carnivores, add grilled chicken/steak – 5**

Lightly Dusted Calamari 16 Gluten Free **C**

Calamari*Dusted in a Cajun Spice Flour Served with our Chipotle Dip.

Creamy Baked Brie 12 Gluten Free Option **H**

Oven Baked Brie*Made "In House" Seasonal Chutney Served with Herb Crisp Bread.

We will adapt to ALL food sensitivities. Cooking time may vary. Please check with your server.

All Sauces are Created in House. Items are prepared to order. Please allow us a few extra minutes to create your meal to our exacting specs.

Every effort is made to source organic, local produce and proteins.

LANA'S LIGHTER FARE

Daily Featured Pizza 18 **Gluten Free H/C**

Check our menu board for today's ingredient offerings. **For the Carnivores, add grilled chicken, seafood, steak -- 5**

Marinated Steak Sandwich 18 **Gluten Free Option C**

7oz NY Striploin*Sauteed Mushrooms*Sauteed Onions*Garlic Loaf*Creamy Horseradish Aioli
Served with Parmesan Fries. **Substitute a soup or salad of choice -- 4**

Dynamic Turkey Burger 17 **Gluten Free Option C**

Seasoned Ground Turkey*Tomato Chutney*Jarlsberg Cheese*Spinach. Served on a Ciabatta Bun with Parmesan Fries.
Substitute a soup or salad of choice -- 4

Miss Blue's Bison Burger 19 **Gluten Free Option C**

Half Pound Bison Patty Stuffed with Brie*Prosciutto*Caramelized Onion*Creamy Horseradish Aioli
Served on a Multi Seed Bun with Parmesan Fries. **Substitute a soup or salad of choice -- 4**

Won't Miss The "Meat" Veggie Burger 15 **Gluten Free Option H**

Veggie Burger Grilled*Melted Brie*Pickled Onion*Sauteed Mushrooms*"In house" Russian Dressing
Served on a Multi Seed Bun with Parmesan Fries. **Substitute a soup or salad of choice -- 4**

Smothered Kimchi Reuben 16 **Gluten Free Option C**

Corned Beef*Kimchi*Dijon*Jarlsberg Cheese Served on grilled Artisan Loaf with our own Parmesan Fries.

LANA'S LARGE EDIBLES

ButterNut Squash Lasagna 18 **Gluten Free H**

Butternut Squash*Ricotta Cheese*Cottage Cheese*Parmesan*GF Lasagna Noodles*Parm Cream Sauce

Pan Seared Salmon 26 **Gluten Free C**

Seasonal Salmon*Citrus*Tomato Chutney Served on a bed of rice and seasonal pesto vegetables.

Off The Beach Scampi Pasta 24 **Gluten Free C**

Shrimp*Scallops*Crab*Creamy tropical fruit juice Served on a bed of pasta.

TYS Chicken 25 **Gluten Free C**

Marinated Chicken Breast* Sundried Tomato White Wine Blush*Feta Served with pasta tossed in pesto vegetables.

NY Strip Peppercorn Steak 32 **Gluten Free C**

10oz New York Striploin*Creamy Cracked Peppercorn Sauce Served with your choice of Parmesan Fries/Garlic Mashed/
Roasted Potato/Rice and seasonal pesto vegetables.

Lightly Dusted Cod 23 **Gluten Free C**

Pan Seared Cod*GF Seasoned Flour*In House tarter Sauce Served with Veg and our fresh cut Parmesan Fries.

Add a side soup 5 or a starter salad 7 to any large edible

LEGEND: C – Carnivore Dish, H – Herbivore Dish

