



Health Plans

Indiana University Health Plans Nurse Helpline and Health Information service

Get vital health information from experienced nursing professionals

As a member of IU Health Plans, you now have access to a health service designed to give you valuable health information when you need it, wherever you are.

The new IU Health Plans Nurse Helpline and Health Information service is staffed by a team of registered nurses with extensive experience in a variety of healthcare fields, including:

- Emergency medicine
- Intensive care
- Maternity care
- Critical care
- Psychiatric care
- Pediatric care

Serving as your nurse advisors, these dedicated and skilled professionals will answer your questions, address your self-reported medical concern and provide essential information based on nationally recognized clinical data to help facilitate your proper care.

The IU Health Plans Nurse Helpline offers the following benefits to members:

- Access to essential health information and education 24 hours a day, 365 days a year
- Expert healthcare advice and health information, as well as re-direction to the appropriate healthcare provider
- Assistance that eliminates unnecessary Emergency Department and/or doctor visits and prevents avoidable hospital admissions/readmissions

To contact the IU Health Plans Nurse Helpline and Health Information service, call 833.368.5338.