Coverage Period: 1/1/2018-12/31/2018 Coverage for: EO, EC, ES, FA | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit myiuhealthplans.com or call 866.895.5975. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 866.895.5975 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	IU Health/Aetna-\$600/\$1,200* Out-of-Network- \$1,200/\$2,400* (*individual/family) Deductible is reduced to \$0 for Salary Tier 1 team members if care is received at an IU Health/Aetna provider/facility. Does not apply to preventive care at an innetwork provider/facility; All Copayments and Rx coinsurances do not accumulate toward the deductible.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, <u>Preventive Care</u> is covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No	You don't have to meet the <u>deductibles</u> for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	IU Health/Aetna- \$3,750*/\$7,500** Out-of-Network- \$6,500/\$13,000** *OOP limit is reduced to \$2,500 for salary Tier 1 team members enrolled in individual coverage if care provided by IU Health or Aetna provider/facility (**individual/family)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Penalties, premiums, balance billed charges are not covered.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See myiuhealthplans.com or call 866.895.5975 for a list of network providers.	You pay the least if you use a <u>provider</u> in Tier I. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (balance billing). Be aware that your <u>network provider</u> might use an <u>out-of-network</u> provider for some services (such as lab work). Check with your provider before you get services.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

No

You can see the <u>specialist</u> you choose without a <u>referral</u>.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care provider's office	Primary care visit to treat an injury or illness	IU Health/Aetna- \$25 Copayment	60% Coinsurance	Coinsurance subject to Deductible.	
or clinic	Specialist visit	IU Health/Aetna- \$40 Copayment	60% Coinsurance	Coinsurance subject to Deductible.	
	Preventive care/screening/immunization	No Charge	60% Coinsurance	Coinsurance subject to Deductible.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.	
ii you nave a test	Imaging (CT/PET scans, MRIs)	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.	
If you need drugs to treat your illness or	Generic drugs		(30 day) \$10 Copayment (90 Copayment (30 day), \$25 nt (90 day)		
condition  More information about	Preferred brand drugs	\$30 Copayment (30 day	y), \$75 Copayment (90 day)	Prescription drug copays are not subject to	
<pre>prescription drug coverage is available at www.myiuhealthplans.com</pre>	Non-preferred brand drugs	30% Coinsurance (\$50 minimum, \$100 maximum) (30 day), 30% Coinsurance (\$150 minimum, \$300 maximum) (90 day)		deductible	
	Specialty drugs		ninimum, \$250 maximum) (30 overed (90 day)		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.	
surgery	Physician/surgeon fees	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.	
If you need immediate medical attention	Emergency room care	\$250 Copayment	\$250 Copayment	Copayment waived if admitted. No coverage for non-emergent services provided in the ER.	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

Common Medical Event	Services You May Need	What Y Network Provider (You will pay the least)	ou Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency medical transportation	No Charge	No Charge	None
	<u>Urgent care</u>	\$25 Copayment	\$25 Copayment	None
If you have a hospital	Facility fee (e.g., hospital room)	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.
stay	Physician/surgeon fees	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.
If you need mental health, behavioral	Outpatient services	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required for partial <u>hospitalization</u> .
health, or substance abuse services	Inpatient services	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.
	Office visits	\$40 Copayment	60% Coinsurance	Coninsurance subject to Deductible.
If you are pregnant	Childbirth/delivery professional services	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.
	Childbirth/delivery facility services	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.
	Home health care	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible.
If you need help recovering or have	Rehabilitation services	IU Health/Aetna- \$40 Copayment	60% Coinsurance	Coinsurance subject to Deductible. 60 visit limit combined Occupational Therapy/Physical Therapy and separate 20 visit limit for Speech Therapy. Preauthorization required if done in home.
other special health	Habilitation services	Not Covered	Not Covered	None
needs	Skilled nursing care	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.
	Durable medical equipment	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required when cost is >\$500.
	Hospice services	IU Health/Aetna- 20% Coinsurance	60% Coinsurance	Subject to Deductible. <u>Preauthorization</u> required.
If your child needs dental or eye care	Children's eye exam	\$35 Copayment	\$50 allowance	Coverage limited to EyeMed Insight or IU Health contracted provider for in-network coverage.
	Children's glasses	35% Discount	Not Covered	Coverage is limited to EyeMed Insight network providers

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Children's dental check-up	Not Covered	Not Covered	None

### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture
 Cosmetic surgery
 Dental Care
 Hearing Aids
 Habilitation services
 Infertility treatment
 Long term care
 Non-emergency care when traveling outside the US
 Private duty Nursing (rendered in a hospital or skilled nursing facility)
 Routine foot care
 Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery
 Chiropractic care
 Refractive eye exam

Your Rights to Continue Coverage: here are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the insurer at 866.895.5975. You may also contact your state insurance department at: 311 W. Washington St., Suite 300, Indianapolis, IN 46204, Phone No. (317) 232-2385. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Allison Shelton, Civil Rights Coordinator, Indiana University Health Plans, 950 N Meridian St, Suite 400, Indianapolis, IN 46204, (317) 963-9788, TTY: (800) 743-3333, Fax (317) 963-9801, ashelton@iuhealth.org.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 866.895.5975

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 866.895.5975

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 866.895.5975

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 866.895.5975

----- To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$600
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,731

### In this example, Peg would pay:

in this example, rog would pay.		
Cost Sharing		
Deductibles	\$600	
Copayments	\$86	
Coinsurance	\$2,480	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is \$3,2		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$600
■ Specialist copayment	\$40
Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs

Durable medical equipment *(glucose meter)* 

|--|

## In this example, Joe would pay:

Cost Sharing		
Deductibles	\$600	
Copayments	\$949	
Coinsurance	\$372	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$1,976	

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$600
Specialist copayment	\$40
Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment *(crutches)*Rehabilitation services *(physical therapy)* 

Total Example Cost	\$1,925

### In this example, Mia would pay:

in this example, wild would pay.	
Cost Sharing	
Deductibles	\$529
Copayments	\$260
Coinsurance	\$132
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$921

## Discrimination is Against the Law

Indiana University Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Indiana University Health Plans does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Indiana University Health Plans:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact Allison Shelton.

If you believe that Indiana University Health Plans has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Allison Shelton, Civil Rights Coordinator, Indiana University Health Plans, 950 N Meridian St, Suite 400, Indianapolis, IN 46204, (317) 963-9788, TTY: (800) 743-3333, Fax (317) 963-9801, ashelton@iuhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Allison Shelton, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

# **Language Assistance Services**

**English:** ATTENTION: Our Member Services department has free language interpreter services available for non-English speakers. Call 866.895.5975 (TTY: 800.743.3333)

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 866.895.5975 (TTY: 800.743.3333).

Chinese:注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 866.895.5975 (TTY: 800.743.3333)。

## **Burmese:**

သတိပြုရနဲ - အကယ်၍ သင်သည် မြန်မာစကား ကို ပြောပါက၊ ဘာသာစကား အကူအညီ၊ အစမဲ့၊ သင့်အတွက် စီစဉ်ဆောင်ရွက်ပေးပါမည်။ ဖုန်းနံပါတ် 866.895.5975 (TTY: 800.743.3333) သို့ ခေါ်ဆိုပါ။

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 866.895.5975 (TTY: 800.743.3333).

**French:** ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 866.895.5975 (ATS : 800.743.3333).

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 866.895.5975 (TTY: 800.743.3333).

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 866.895.5975 (TTY: 800.743.3333).

**Korean:** 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 866.895.5975 (TTY: 800.743.3333)번으로 전화해 주십시오.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com

**Russian:** ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 866.895.5975 (телетайп: 800.743.3333).

## **Arabic:**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 866.895.5975 (رقم هاتف الصم والبكم: 800.743.3333).

Hindi: धयान दें: यदि आप हि दी बोलते हैं तो आपके लिए मु त में भाषा सहायता सेवाए उपलबध हैं। 866.895.5975 (TTY: 800.743.3333) पर कॉल करें।

**Pennsylvania Dutch**: Wann du [Deitsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 866.895.5975 TDD/TTY 800.743.3333 uffrufe.

**Dutch:** Als u nederlands spreekt, kunt u gratis gebruikmaken van de taalkundige diensten. Bel 866.895.5975 (TDD/TTY 800.743.3333).

Punjabi: ਧਿਆਨ ਧਧਉ਼ਜੇ ਤੁਸੀਂ ੰਜਾਬੀ ਬੋਲਿ` ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਧੱ ਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਿ ਲਬ ਹੈ। 866.895.5975(TTY: 800.743.3333) 'ਤ ਕਾਲ ਕਰੋ।

Japanese: 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。 866.895.5975 (TTY: 800.743.3333) まで、お電話にてご連絡ください。

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at myiuhealthplans.com