

Guidelines for Virtual Communion & Preparation of Elements at Home

Before Livestream Service: Please prepare and set aside ordinary bread and wine/grape juice. If wine or grape juice is not available, please substitute another clear juice or water.

After our Livestream Worship, please immediately join our Zoom meeting.

- Join our Zoom link: <https://zoom.us/j/2885337956>
 - Via Phone, Call 646-558-8656. Zoom Meeting #288 533 7956
- Do not partake of the elements without attending both the Livestream Worship at 10am and the Zoom Meeting immediately following the livestream

Fencing the Table (Who is able to Receive?): We welcome all baptized Christians who have professed their faith in Jesus Christ for salvation, sincerely repent of their sins, and are members of the gospel-proclaiming Church Universal to receive the Sacrament of the Lord's Supper with us.

- **Children:** Baptized children may be admitted to the Lord's Supper provided they have appeared before the Session and professed their faith in a manner acceptable to the Session. Parent, please have children refrain that have not been examined by the Session.

Spiritual Presence of Christ in the Sacrament: The body and blood of Jesus are not physically present but they are spiritually present in the elements. This sacrament is not an actual sacrifice for sin. This sacrament commemorates Christ's offering at the cross, the once and for all sacrifice for our sin.

Spiritual Nourishment of the Sacrament: This sacrament is a memorial of Christ's sacrifice, but it is not a mere memorial. Christ is spiritually present in and around the administration of this sacrament. The Lord's Supper is an ordinary means of grace, along with the Word of God read, preached, and proclaimed. We are spiritual fed by Christ thru the elements. The grace and spiritual nourishment is not connected to the devoutness of whoever is administers it but rather on the power and work of the Holy Spirit and the promises of God. We receive and are spiritually fed in the sacrament by our faith in Christ and the work of God.

Status of Elements Used: The bread and the wine/juice/water are to be properly set apart for use in the sacrament. They still remain in physical substance bread, wine, juice or water. However because we set them aside for extra-ordinary use, great effort should be to consume them in a manner worthy of the gift that is offered. Unused elements should not be disposed of in the garbage or down the drain.