

WHAT HAPPENS WHEN YOU DON'T FORGIVE?

1. Not forgiving interferes with the effectiveness of your prayer life (Mark 11:25).

Mar 11:25 And when ye stand praying, forgive, if ye have aught against any: that your Father also which is in heaven may forgive you your trespasses.

Mar 11:26 But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

2. Not forgiving evaporates your joy:

a. When you don't forgive, it brings up a barrier to the joy God has for you. No one is ever truly happy if they have unforgiveness in their heart.

3. Not forgiving weakens your body:

a. It eats away at you and eventually takes over and destroys your life from the inside. It makes you physically sick as well as spiritually crippled. When you forgive you release into God's hand and healing comes for your body as well as your soul.

4. Not forgiving opens the door for the enemy to work in your life:

a. We have to forgive "lest Satan should take advantage of us" (2 Corinthians 2:11). We invite the enemy in if we harbor unforgiveness. And when you treat your spouse as if he (she) is the enemy – or your spouse acts as if you are – you align yourselves with your true enemy and his plans for your future.

Jam 3:15 This wisdom descendeth not from above, but is earthly, sensual, devilish.

Jam 3:16 For where envying and strife is, there is confusion and every evil work.

5. **Not forgiving pollutes your soul:**

- a. The Bible says, “Does a spring send forth fresh water and bitter from the same opening?” (James 3:11). If you have unforgiveness, the water in your soul become bitter.