

Making Peace with Your Past

Class is forming now and being offered by the Pike County Center for Women's Ministries.

You will be amazed at how this study will lead you to experience forgiveness, healing, and hope. It will truly change your life - in only 12 short weeks.

Making Peace with Your Past will help you:

- Identify and understand problems and feelings from childhood experiences
- Identify ways the past affects you in the present
- Understand that other people have experienced similar problems and feelings
- Unlock buried feelings from the past and experience healing and forgiveness
- Experience an atmosphere of trust, honesty, and unconditional love
- Identify and remove emotional, psychological, spiritual barriers
- Experience a sense of hope and healing

Class will meet weekly for 12 weeks, beginning February 18, 2020.
Meeting location: Pike County Health Department, 1 Healthcare Place,
Bowling Green, MO

Class Day/Time: Tuesday evenings, from 6:30 - 8:30 PM

The cost of the class is \$12.00 to cover materials. There are no other fees. Enrollment is limited and will be accepted on a first-come, first-serve basis.

If you are interested in participating or want further information,
please call:

Sue 573-719-6143 or Lisa 636-357-9243