



February Newsletter



North Brookfield Senior Center 508-867-0220

Director's Note

Hello,
My name is Donna Seguin and I'm excited to begin my new position as Senior Center Director. I look forward to learning my new position and more importantly getting to know everyone. My past work experience has been working with people and doing my best to help people in any way I can. I enjoy listening and conversing with people. I am a huge cat lover, presently having three and wishing I could have more. I will do my best to help make the Senior Center a place where we can all meet and enjoy ourselves!

Kitchen Volunteers Needed

Kitchen volunteers needed. You must be willing to fill out a CORI check and go through a 30 minute Volunteer Kitchen Training. All volunteers must follow our strict Serve Safe requirements. Call the Senior Center to inquire.

Drivers Needed

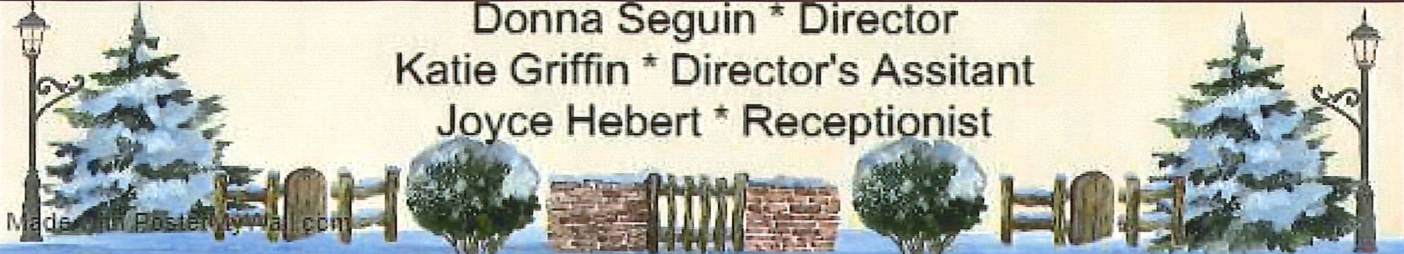
Volunteer Drivers needed occasionally to escort some of our Seniors to and from appointments. Mileage will be compensated. Background check/Valid License/Insurance check needed. Call the Senior Center to inquire.

Foot Clinic

February 11th
\$15.00 Per Person
Appointments
available. Please
call to schedule.

Fitness Classes

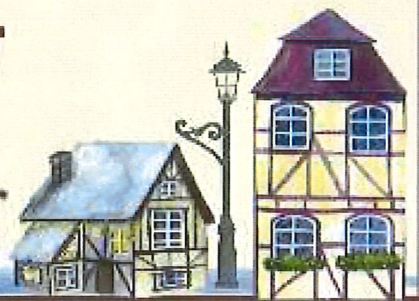
1:00 - 2:00
\$5.00 Per Person
Monday- Zumba
Tuesday- Tai Chi
Thursday Gentle
Yoga



Donna Seguin * Director
Katie Griffin * Director's Assitant
Joyce Hebert * Receptionist



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File Of Life

Happy February to all of you who have been staying home, wearing masks, distancing and having little social time. It sure has been a difficult year. We would love to hear from you. Have you updated your file of life medical information?

We can send you blank information cards to fill out. Don't forget to keep them on your fridge in case of an emergency.

Event Cancellation

The Friends of the NBCOA have voted to cancel the Souperbowl for this year due to covid. We hope everyone stays healthy. - Friends of the COA

Quilts of Valor

The February Quilts of Valor meeting will be moved to Saturday February 12th 1:00 - 3:00 at the Senior Center.

We are always looking for new volunteers. No experience required.

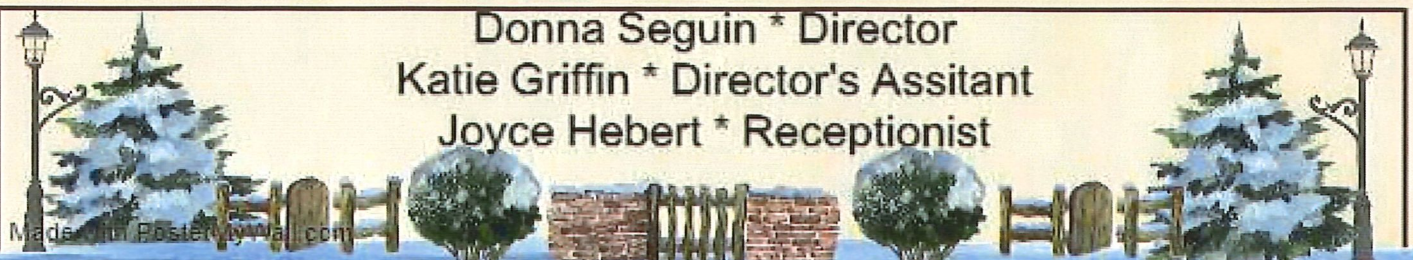
Hall Rentals

The Senior Center is available to rent for events. Call 508-867-0220

Hannaford

Thank you, Hannaford for your continued donation to our weekly Bread Distribution Day.

Donna Seguin * Director
Katie Griffin * Director's Assitant
Joyce Hebert * Receptionist





February upcoming events



North Brookfield Senior Center
508-867-0220

February Meals

**February 2nd - Michelle's
Tator-Tot-Casserole with
vegetable and dessert**

**February 9th- Katie's Chili
Baked Potato with
vegetable and dessert**

**February 16th - Kathy's
Spaghetti with bread and
dessert**

**February 23rd - Michelle &
Katie's Nachos and
Mocktails with dessert**

*** Please call to reserve
your seat.**

Closings

**** We will be closed Monday
February 21st, Presidents Day**

**** A reminder we here at the
Senior Center follow the North
Brookfield Schools winter
cancelations. Please call if you
are unsure if we're open.**

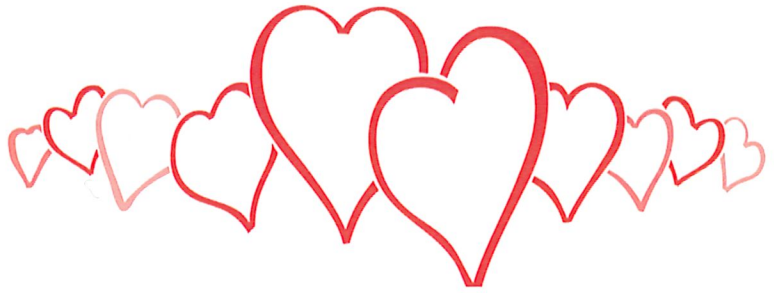
Valentine's Day Party

**We will celebrate Valentines
Day on February 16th with a
Spaghetti Luncheon. Cost is
\$3.00 per person. With a small
raffle.**

Valentine's Day BINGO

**Valentines Day BINGO
February 14th 10:30 AM. Come
win some fun prizes!!**

February 2022



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bread Distribution 9:30 Tai Chi 1:00	2 Queens Knitting 9:00 Michelle's Tater Tot Casserole	3 Walking Club 9:30 Gentle Yoga 1:00	4 CLOSED
7 Walking Club 9:30 BINGO 10:30 Zumba Gold 1:00	8 Bread Distribution 9:30 Tai Chi 1:00	9 Queens Knitting 9:00 Katie's Chili Baked Potato	10 Walking Club 9:30 Gentle Yoga 1:00	11 CLOSED Foot Clinic Call For Appointment
14 Walking Club 9:30 Valentine's Day BINGO 10:30 Zumba Gold 1:00 COA Meeting 3:00	15 Bread Distribution 9:30 Tai Chi 1:00	16 Queens Knitting 9:00 Valentine's Day Party Spaghetti Luncheon	17 Walking Club 9:30 Gentle Yoga 1:00	18 CLOSED
21 CLOSED Presidents Day	22 Bread Distribution 9:30 Tai Chi 1:00	23 Queens Knitting 9:00 National Margarita Celebration Nachos and Mocktails Book Club 1:00	24 Walking Club 9:30 Cooking Club 11:00 Gentle Yoga 1:00	25 CLOSED
28 Walking Club 9:30 BINGO 10:30 Zumba Gold 1:00				