

Release!

Rev. David Persson

Luke 10:38 - 42 (NIV)

³⁸ As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

A. The D _____ of Distractions (v. 40)

1. I am pulled away by _____ urgencies.
2. I get _____ with those around me.
3. I become _____ with the everyday tasks.
4. I think it all relies on _____.
5. I feel _____ of others.
6. I enter the _____ game.
7. I become frustrated with _____.
8. I think that God _____.
9. I feel all _____.
10. I tell God _____.

D. The D _____ of Listening (vv.39,42)

- I discover the _____.*
- I have _____ for others.*
- I serve with _____.*
- I know it depends on _____.*
- I welcome _____.*
- I _____ from others.*
- I am _____ by God.*
- I experience God's _____.*
- I know that _____ is _____.*
- I listen and _____ Him.*

B. The D _____ - Rx (v. 41)

"A loss of focus/priorities"

Symptoms Include:

- W _____
- F _____
- The F _____ to be in control
- H _____ onto the unimportant

C. The D _____ (v. 41 - 42)

Jesus C _____

Jesus C _____

Jesus C _____ & _____

Q- What do you need to release, today?