

YOU KNOW YOU'RE GETTING OLD WHEN...

- You know you're getting old when you actually look forward to a dull evening at home.
- You know you're getting old when your mind makes commitments your body cannot keep.
- You know you're getting old when everything hurts, and what doesn't hurt doesn't work.
- You know you're getting old when you sink your teeth into a big, juicy steak—and they stay there.
- You know you're getting old when you dim the lights for economic reasons, not romantic ones.
- You know you're getting old when you've owned clothes for so long they've come back into style twice.
- You know you're getting old when you sing along to elevator music.
- You know you're getting old when you quit trying to hold your stomach in no matter who walks in the room.