

ATTITUDE IS EVERYTHING

A interesting study done by Professor Vicki Medvec reveals the relative importance of subjective attitudes over and above objective circumstances. Medvec studied Olympic medalists and discovered that bronze medalists were quantifiably happier than silver medalists. Here's why: Silver medalists tended to focus on how close they came to winning gold, so they weren't satisfied with silver; bronze medalists tended to focus on how close they came to not winning a medal at all, so they were just as happy to be on the medal stand.

Attitude, then is very important. Paul says, "Your attitude should be the same as that of Christ Jesus—Phil. 2:5.