

GOD'S PRESCRIPTION AGAINST WORRY
Phil. 4:4-9 / 9-20-20 / SUN

I. FIRST, PRAY ABOUT WHAT WORRIES YOU.

- A. We have a tendency to want to handle the little things.
- B. Paul's answer is make everything a matter of prayer –Phil.4:6.
1. Peter says this, too - I Peter 5:7.
 2. James as well - James 4:2.
- James 4:2**
..... **You do not have, because you do not ask God.**
- C. A political fund-raiser recently said the number one reason people do not give to a political campaign is that no one has ever asked them to--Matthew 7:7.

II. SECOND, CHANGE THE WAY YOU THINK.

- A. Emerson said, "***You become what you think about all day long.***"
1. So did Solomon - **Proverbs 23:7 KJV**

As a man thinks in his heart, so is he. ...
 2. What do you think about?
- B. Paul's antidote for "**stinkin' thinkin'**" is - 4:8.

III. THIRD, DO SOMETHING ABOUT YOUR SITUATION / WORRIES.

- A. You don't have to resign yourself to your present situation.
- B. Paul's advice is don't just sit there, do something - 4:9.