I. THE SETTING.

A. They had just finished observing Passover and the introduction of the Lord Supper (14:22-25).

B. Gethsemane means “olive pres.

1. It had apparently become a garden and a place to pray—John 18:1.

2. This was the third time Mark records that Jesus prayed alone.


4. He took Peter, James and John further into the garden with him. Why?—14:33.

II. THE SITUATION.

A. It’s ironic that Jesus would pray the most intense prayer of his life at the place where there was an olive press—14:33.

B. How was Jesus feeling “squeezed out” that night like olives on a press?

1. He was “deeply distressed”.

2. He was “troubled”.

3. His “soul was overwhelmed”—34

4. He was filled with “sorrow”—34

III. THIS POSTURE

A. The normal posture Jews took for prayer was to stand with their hands reaching up.

B. Jesus’ posture of falling face down expresses a state of extreme urgency—14:35.

IV. THE PERSISTENCE.

A. Jesus prayed the same prayer three times.

B. This shows his persistence in prayer.
V. THE INTENSITY.


B. Luke also tells us Jesus prayed so intensely that he sweat drops of blood—Luke 22:44.

VI. THE PRAYER.

A. Jesus prayed, “If possible may this hour pass from him”.

B. Jesus prayed, “Abba”.

C. Jesus prayed, “everything is possible for you.”

D. Jesus prayed, “take this cup from me”

E. Jesus prayed, “Yet not what I will but what you will”.

THREE TAKE AWAYS FROM JESUS PRAYER

1. Submitting to doing God’s will isn’t an easy thing to do.

2. There is often some kind of pain or cost involved in doing God’s will.

3. If we submit to God’s will we can be sure He will strengthen us to do His will.