I. WHAT IS JOY?

A. The Greek word used here is “chara” meaning “joy”, “gladness” or delight.

B. The English definition refers to “a condition or feeling of great pleasure or happiness.”

C. It doesn’t come from money, success, status, age or even physical heath.

II. WHERE DOES IT COME FROM?

A. First, joy comes from our relationship with God—Romans 15:13.

B. Second, joy comes from our relationship with other people.

C. Third, joy comes from our relationship with ourselves too.