I. **Tell God About Our Problems.**

   A. This is what David did—13:1-2.

   B. David isn’t the only one in the Bible who cried out to God with their problems.

      1. Moses did—Exodus 17:4

      2. Job did—Job 30:20

      3. Paul did—2 Corinthians 12:8

      4. Jesus did too—Matthew 27:46

   C. Being honest with God about our feelings is the first step toward finding a solution.

II. **Ask God for Help.**

   A. David asked God for help—13:3a

   B. David’s request in verse 3 is for light—13:3b—... Give light to my eyes...

III. **God Can Be Trusted With Our Problems.**

   A. This is his stated conclusion in 13:5-6

   B. How did David arrive at this declaration of his faith in God?