

CHRISTIAN UNIFORM
1 PETER 5:5-7 / 12-4-19 / WED

I. FIRST, WHAT IS HUMILITY?

A. Humility is the main point of the passage we're looking at today—5:5-7. Peter mentions it three times.

1. In verse **5a**— **"...you who are younger, submit yourselves to your elders."**
Submission is a form of humility.
2. In verse **5b**— **"...all of you, clothe yourselves with humility."**
3. In verse **6a**— **"Humble yourselves under God's mighty hand..."**

B. What's the definition of humility?

1. What it's not.
 - a. It's not self-degradation or putting yourself down because even this is focusing on yourself.
 - b. It's been said: **"Humility isn't thinking less of yourself, it's thinking of yourself less".**
2. What it is.
 - a. It's not thinking of yourself at all.
 - b. Instead of thinking of yourself we should think of others according to Peter—**v.5b— "...clothe yourselves with humility toward one another."**
 - c. The Apostle Paul confirms this definition—Phil. 2:3-4.

C. Why should we humble ourselves? Peter gives us four reasons.

1. First, in verse **5b**— **"...God opposes the proud"** (Quote of Proverbs 3:34).
2. Second, in verse **5c**— **"...God favors the humble."** Favor refers to God's grace.
3. Third, in **verse 6b**— **"...He (God) will lift your up in due time."**
4. Fourth, in **verse 7**— **"Cast all your anxiety on him because he cares for you."** This means God uses His mighty hand to take care of the humble—Matthew 6:25-30.

II. SECOND, HOW DO WE HUMBLE OURSELVES?

A. First, by putting God ahead of ourselves—v.6 **“Humble yourselves, therefore, under God’s mighty hand.”**

1. This means submitting ourselves to God’s will—James 4:6-7, 10.
2. Pride, which is the opposite of humility, is the reason we resist submitting to God.
3. Jesus is the supreme example of submitting himself to God—Phil. 2:8 & Matt. 26:39.
4. Why does casting all our anxiety on God demonstrate our humility as verse 7 says--
“Cast all your anxiety on him because he cares for you.”
 - a. In doing so we are admitting that we have no power over the circumstances in our lives.
 - b. Pride doesn’t do this, it depends on self instead of God.
5. There is a reward, according to Peter, for humbling ourselves before God.
 - a. Jesus was rewarded for humbling himself before God—Phil. 2:9.
 - b. There are two rewards for us when we humble ourselves before God—5:5b-6.

B. The second way we humble ourselves is by putting others ahead of ourselves—5:5b.

1 Peter 5:5b

“...clothe yourselves with humility toward one another.”