I. FIRST, THERE ARE SOME THINGS ABOUT DARK VALLEYS WE NEED TO KNOW.

A. First, dark valleys are inevitable—John 16:33b—"...In this world you will have trouble..."

B. Second, dark valleys are diverse—"the valley of deep darkness".

C. Third, dark valleys are unpredictable.

D. Fourth, dark valleys are impartial—Matt. 5:45—"... He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous."

E. Fifth, dark valleys are temporary—"through".

F. Sixth, dark valleys are purposeful.

II. WHAT CAN WE DO WHEN WE’RE WALKING THROUGH A DARK VALLEY?

A. First, we must decide not to become discouraged.—"I will fear no evil" and Col.1:11.

B. Second, remember that God is with us—"for you are with me" and Isa., 43:2.

C. Third, rely on God’s protection and guidance—"Your rod and your staff, they comfort me" and Proverbs 3:5-6.