

## NC DWM PROJECT...Help



### Recommendations regarding the use of cloth masks in public:

The CDC has recommended that the general public begin wearing homemade face masks in public settings in order to slow the spread of COVID-19. The use of hospital grade masks is discouraged at this time in order to assure our medical providers have access to the safest equipment they can be as they work on the front lines in this time. In order to support our communities in staying healthy and to reduce the impact of the virus on the medical community we encourage the use of them as well. There are instructions from the CDC in how to use these masks appropriately, and the link to those instructions are provided in this email. We would love to see the gifts and talents of our region used to provide these face masks across our communities. This includes our church family, our families, and our neighbors. We also encourage you to reach out to your local first responders, emergency personnel, or other essential workers to see if these masks are a tool that they can use. We welcome any effort in assisting the Region in meeting this public health measure to support our communities. It is truly a ministry of love.

Sincerely,  
The Regional Medical Response Team

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Two additional links are provided below:

<https://www.youtube.com/watch?v=6hpzLQTy-SA>

[https://addiemartindale.com/wp-content/uploads/2020/03/Sew\\_Hospital\\_Mask\\_Pattern.pdf?fbclid=IwAR0qyvT7e3qSLMMbIkpA1W4d00I9RoHEsp9yTiagyklATeT80ILxZpTWoik](https://addiemartindale.com/wp-content/uploads/2020/03/Sew_Hospital_Mask_Pattern.pdf?fbclid=IwAR0qyvT7e3qSLMMbIkpA1W4d00I9RoHEsp9yTiagyklATeT80ILxZpTWoik)

One is slightly larger than the other.

Additional Note:

“the YouTube tutorial mentioned an inside and an outside, and the other two showed it, though one showed using a T-shirt, which would not have an inside and an outside . . .“It needs to be emphasized that it needs to be clear which is inside and which is outside -- you don't want to get them mixed up -- you want to keep the 'dirty' side out and take precautions not to touch the 'dirty' side, especially when taking the mask off. “Some even took a magic marker and wrote on the masks -- just to make it clear.

### **Distribute locally or Turn in Face Masks to:**

**Regional Office  
Christian Church in North Carolina  
Attn: NC DWM Face Mask Project  
PO Box 1568  
Wilson, NC 27894**

**Note: Take photos of your local distributions and send them to NC DWM President Mary Evans**

Questions: Contact Mary Evans, NC DWM President at: [mwevans1953@gmail.com](mailto:mwevans1953@gmail.com) or 252.521.2512

Or Claretta Witherspoon, NC DWM Service/Outreach Director, [cmwspoon@bellsouth.net](mailto:cmwspoon@bellsouth.net) or 336.314.6418