

Jesus You're My Superhero!

Get up and moving with a song!

- All – Jesus You're My Superhero — <https://www.youtube.com/watch?v=1FY4C930M2Y>
- All – Hero of the Faith - <https://www.youtube.com/watch?v=CHtm0ZNIbuQ>
- All – Superhero — <https://www.youtube.com/watch?v=QOcysh-fjrU>

The Story

Set the Scene:

1. Today we're looking at how Jesus is like a superhero because he is able to do the impossible! There is nothing too difficult for Jesus!
2. Read of Jesus' crucifixion, Matthew 27:32-56, and of His resurrection, Luke 24:1-12.
3. Share one or both of the videos of Jesus rescuing us through the Easter Story: God's Story—<https://www.youtube.com/watch?v=cZ4gQniUV08> or Animated Easter Story—<https://www.youtube.com/watch?v=Y3UKd6LQKng>

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4. **Say:** Now that we have heard the story of Jesus' death and resurrection, who do you think Jesus is? What else do you know about him? What does this tell us about Jesus? Jesus came to earth to live a perfect life. He was both fully God and fully man. God AND man—yes you heard right! Jesus was able to be both...that might seem a bit strange to us. But remember, nothing is impossible with God!
5. **Say:** The Bible tells us that Jesus was God. Some people might think that means that he wasn't able to be a person too. But we know that the Bible tells us that just like any other human Jesus felt hungry and thirsty and tired! So the Bible shows us that Jesus was both fully man and fully God.
6. **Say:** Jesus didn't have to die. He was perfect; he lived a perfect life. Yet the Bible tells us that because of the wrong things we have done, we needed a Savior. We aren't perfect! We all do wrong things.
7. **Say:** Jesus came to step in and help us. We couldn't save ourselves because we aren't perfect. Jesus came and rescued us! He was the only one who could have done it because he was both God and man. So Jesus died so that we can be forgiven of all the wrong things we have done.
8. Show this video: https://www.youtube.com/watch?v=R_QkE3uvJ5o
9. **Say:** Wow!! Did you see that man juggle and solve 3 Rubix cubes! I would have thought that was impossible! That's what people might have thought about Jesus rising from the dead too... they probably thought that nobody could bring themselves back to life. Of course nobody could... except Jesus! Jesus came back to life three days after he had died. That's because he has power to do the IMPOSSIBLE! He is God! So Jesus died and rose again so that you and I could be set free from the wrong things that we have done.

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**Enjoy working on
your coloring sheet
and puzzle page.**

Superhero Craft Time and Game

Craft—There is a mask for them to color for craft time. Jesus didn't have a mask and cape but he is our HERO! There is a cape included in your packet today. Think about how Jesus is our SUPERHERO as you fly around!

Games— Kryptonite Treasure Hunt: You will need to find anything green and small enough to be hidden, such as a green LEGO. Take the green item and hide it in the room or house. The child/ren will search for the green items until they have found them all!

Superhero Training Obstacle Course: Set up an obstacle course using tables, chairs, etc. Have your child/ren run around, through, in and out of items that you have chosen.

Superhero Server Task

Serving God and others is a great way to be a Superhero of Faith.

Praying for others is a great way to be a superhero. Jesus hears our prayers and can do the impossible through you, if you have faith.

This week we are asking you to pray for:

- Serve Saluda
- Going back to school
- Those who are sick