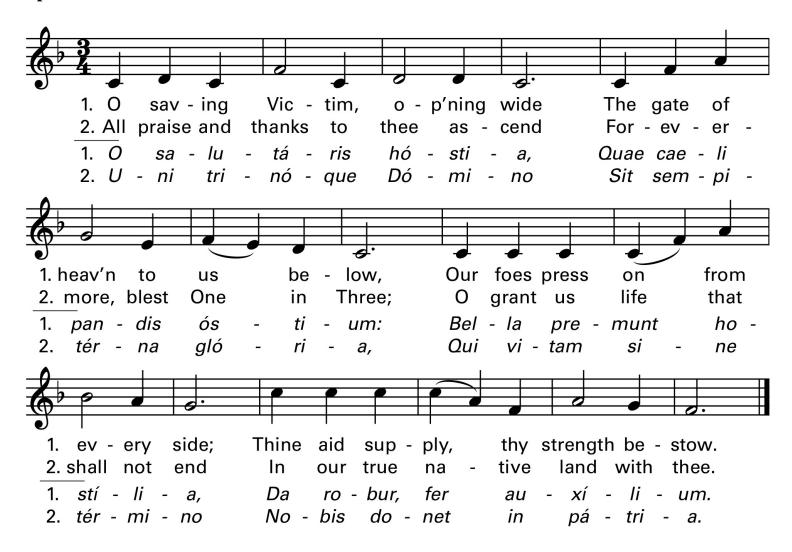
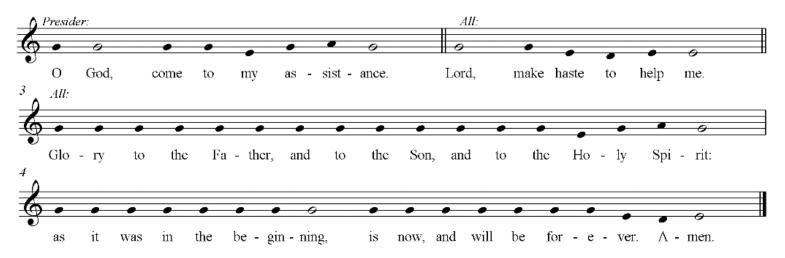
# **Holy Thursday Morning Prayer**

# **Exposition of the Blessed Sacrament**



## **Introductory Dialogue**



## Hymn

## **Psalmody**

**Antiphon 1:**Look, O Lord, and see my suffering. Come quickly to my aid.

#### Psalm 80

Lord, come, take care of your vineyard *Come*, *Lord Jesus* (Revelation 22:20).

#### I - Leader

#### II- All

- I O shepherd of Israel hear us,
  you who lead Joseph's flock,
  shine forth from your cherubim throne
  upon Ephraim, Benjamin, Manasseh.
  O Lord, rouse up your might,
  O Lord, come to our help.
- II God of hosts, bring us back; let your face shine on us and we shall be saved.
- I Lord God of hosts, how long will you frown on your people's plea?
  You have fed them with tears for their bread, an abundance of tears for their drink.
  You have made us the taunt of our neighbors, our enemies laugh us to scorn.
- II God of hosts, bring us back; let your face shine on us and we shall be saved.
- I You brought a vine out of Egypt; to plant it you drove out the nations. Before it you cleared the ground; it took root and spread through the land.
- II The mountains were covered with its shadow, the cedars of God with its boughs.It stretched out its branches to the sea, to the Great River it stretched out its shoots.
- I Then why have you broken down its walls? It is plucked by all who pass by. It is ravaged by the boar of the forest, devoured by the beasts of the field.

- II God of hosts, turn again, we implore, look down from heaven and see.

  Visit this vine and protect it, the vine your right hand has planted.

  Men have burnt it with fire and destroyed it.

  May they perish at the frown of your face.
- I May your hand be on the man you have chosen, the man you have given your strength.And we shall never forsake you again: give us life that we may call upon your name.
- II God of hosts, bring us back; let your face shine on us and we shall be saved.
- II Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

**Antiphon(ALL):** Look, O Lord, and see my suffering. Come quickly to my aid.

Antiphon 2:God is my savior;

I trust in him and shall not fear.

### Canticle: Isaiah 12:1-6

Joy of God's ransomed people *If anyone thirsts, let him come to me and drink* (John 7:37).

I - Leader

#### II- All

- I I give you thanks, O Lord; though you have been angry with me, your anger has abated, and you have consoled me.
- II God indeed is my savior; I am confident and unafraid.
- I My strength and my courage is the Lord, and he has been my savior.
- II With joy you will draw water at the fountain of salvation, and say on that day:
- I Give thanks to the Lord, acclaim his name; among the nations make known his deeds, proclaim how exalted is his name.

- II Sing praise to the Lord for his glorious achievement; let this be known throughout all the earth.
- I Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel!
- II Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

**Antiphon (ALL):** God is my savior; I trust in him and shall not fear.

**Antiphon 3:**The Lord has fed us with the finest wheat; he has filled us with honey from the rock.

#### Psalm 81

Solemn renewal of the Covenant See that no one among you has faithless heart (Hebrews 3:12).

#### I - Leader

#### II- All

- I Ring out your joy to God our strength, shout in triumph to the God of Jacob.
- II Raise a song and sound the timbral, the sweet-sounding harp and the lute, blow the trumpet at the new moon, when the moon is full, on our feast.
- I For this is Israel's law, a command of the God of Jacob. He imposed it as a rule on Joseph, when he went out against the land of Egypt.
- II A voice I did not know said to me:
  "I freed your shoulder from the burden;
  your hands were freed from the load.
  You called in distress and I saved you.
- I I answered, concealed in the storm cloud, at the waters of Meribah I tested you.
  Listen, my people, to my warning,
  O Israel, if only you would heed!

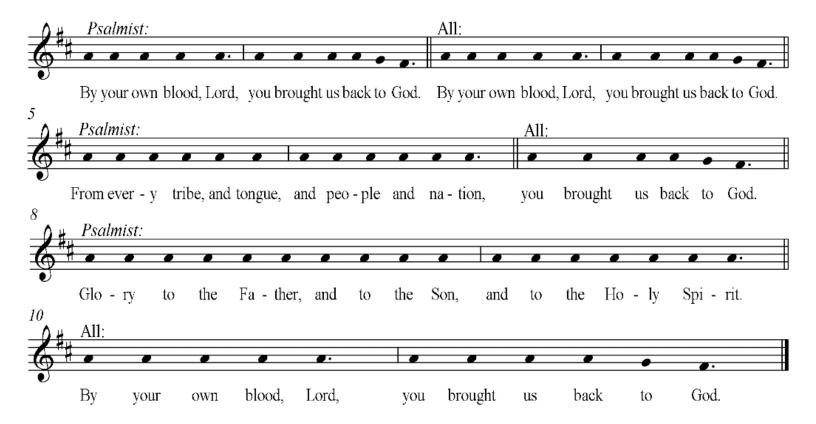
- II Let there be no foreign god among you, no worship of an alien god.I am the Lord your God, who brought you from the land of Egypt.Open wide your mouth and I will fill it.
- I But my people did not heed my voice and Israel would not obey, so I left them in their stubbornness of heart to follow their own designs.
- II O that my people would heed me, that Israel would walk in my ways! At once I would subdue their foes, turn my hand against their enemies.
- I He has sent deliverance to his people and established his covenant forever. Holy his name, to be feared.
- II The Lord's enemies would cringe at their feet and their subjection would last forever.

  But Israel I would feed with finest wheat and fill them with honey from the rock."
- I Glory to the Father, and to the Son, and to the Holy Spirit:
- II as it was in the beginning is now, and will be forever. Amen.

**Antiphon (ALL):** The Lord has fed us with the finest wheat; he has filled us with honey from the rock.

## Reading

### Responsory



#### Canticle of Zechariah

**Antiphon:** I have longed to eat this *meal* with you before *I* suffer.



Blessed + be the Lord, the God of *Israel*, he has come to his people and set *them* free.

He has raised up for us a mighty *savior*, born of the house of his ser*vant*, David.

Through his holy prophets he promised of old, that he would save us from our *enemies*, from the hands of all *who* hate us.

He promised to show mercy to our *fathers*, and to remember his holy covenant.

This was the oath he swore to our father, *Abraham*, to set us free from the hands of *our* enemies, free to worship him without *fear*, holy and righteous in his sight, all the days of *our* life.

You, my child, shall be called the prophet of the *Most* High; for you will go before the Lord to prepare *his* way,

to give his people knowledge of salvation by the forgiveness of *their* sins.

In the tender compassion of our *God* the dawn from on high shall break *up* on us,

to shine on those who dwell in darkness and the shadow of *death*, and to guide our feet into the way *of* peace.

Glory to the Father and to the *Son*, and to the Ho*ly* Spirit:

as it was in the beginning, is **now**, and will be forever. **A**men.

**Antiphon (ALL):** I have longed to eat this *meal* with you before *I* suffer.

#### **Intercessions**

The Father anointed Christ with the Holy Spirit to proclaim Forgiveness to those in bondage. Let us humbly call upon the eternal priest: *Lord, have mercy on us.* 

You went to Jerusalem to suffer and so enter into your glory, bring your Church to the Passover feast of heaven.

Lord, have mercy on us.

You were lifted high on the cross and pierced by the soldier's lance, heal our wounds. *Lord, have mercy on us.* 

You made the cross the tree of life, give its fruit to those reborn in baptism. *Lord, have mercy on us.* 

On the cross you forgave the repentant thief, forgive us our sins. *Lord, have mercy on us.* 

### The Lord's Prayer

### **Closing Prayer**

#### **Benediction of the Blessed Sacrament**



**Priest:** You have given them bread from heaven.

## All: Having within it all sweetness.

**Priest:** Let us pray: O God, who in this wonderful Sacrament have left us a memorial of Your Passion: grant, we beg You, that we may so venerate these sacred mysteries of Your Body and Blood, so as to always experience the effects of Your Redemption. You live and reign forever and ever.

All: Amen.

#### The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored and loved with grateful affection at every moment in all the tabernacles of the world even until the end of time.

Amen.

