

# HOLY TRINITY

LUTHERAN CHURCH

## February Trumpet 2020

### STAFF

...

Scottie Burkhalter,  
Pastor

Sue Morgan, Parish Nurse

Janet Thomas,  
Administrative Assistant

Dr. Susan Waters,  
Musician

Church Office Hours:

Monday-Thursday  
9am-3pm

Telephone-  
423-247-9106

**Sunday School 8:30 am**  
**Worship Service at 10 am**



### COUNCIL

...

Paul Castille  
Diane Childress  
Cal Churn  
Curt Cleven  
Jim Dickert  
Nichole Huff  
Abigail Jantzi  
Dan Kleven  
Amy Louthan  
Jo Rita McMurray  
Sue Morgan  
John Pollak  
Sue Rasmussen  
Kathy Schick  
Kristen Steach  
Florence Weierbach

### On-going Bible Study Groups

**Sunday Adult Bible School** - 8:30 to 9:30 am. Topic:  
**THE EARLY CHURCH — A Ray Vander Laan Course.** Real faith, real life. For Christians today, faith in God can sometimes seem to be a cerebral choice. For the early church, it was the difference between life and death. Discover the passion and commitment early believers displayed as they claimed Jesus in the face of fierce consequences and powerful adversaries.

**Men's Bible Study**, Wednesdays, 7:30 to 8:30 am. Topic: Ezra & Nehemiah

**Women's Bible Study**, Tuesdays, 10 am. Topic: Elijah: Spiritual Stamina in Every Season by Melissa Spoelstra.

& Weekly Update Jan. 30, 2020



# FROM THE PASTOR

## SHARPENING THE SAW

### A 2020 VISION

February begins our 6<sup>th</sup> month together as the people of God who pray, worship, fellowship, and serve together. I officially began serving as your new pastor September 1, 2020. I'm thrilled about the many ways we love God at Holy Trinity by serving others. This is an amazing ministry here at Holy Trinity Lutheran Church (HTLC). After observing and participating by walking along side of you for five months, I continue to pray,

*Lord, where do we go from here and what am I to do as the called servant leader of HTLC?*

I believe we begin to seek God's will with prayer. *We pray,*

*Come Lord Jesus. God, we are your servants taking part in your ministry here at HTLC. You sent us to this place in one way or another God. Lead, guide, and direct us in all we do according to your will. In Jesus name we pray. Amen.*

In 1996, this congregation developed a Vision Statement. Please pray with me that God will guide us as we revisit that statement. Together, I pray God will clarify for us how and in what ways this vision will be the same or different for us now. And where do we go from here?

I am suggesting that we consider developing a 2020 Vision in order that we see where and how God wants us to fulfill God's mission for HTLC in Kingsport, Tennessee and how God may be calling each of us to participate in God's call to us. I'm grateful for this Spiritual and Practical Journey of Prayer-  
OVERALL SUMMARY – March 2018 you completed just two years ago. In reviewing "GOOD THINGS ABOUT HOLY TRINITY or things about Holy Trinity we are THANKFUL for," I read that one of the 42 items listed is "Prayer." This is a great place for us to continue to be our best for God. One of the 7 HABITS OF HIGHLY EFFECTIVE PEOPLE is focused on continuous improvement. "Sharpen the Saw" is the 7<sup>th</sup> habit. For us to "Sharpen the Saw" in order to be our best for God, I believe we begin with prayer and then do just that; *sharpen the saw*. Hence, a 2020 Vision will enable us to develop a clear vision as we move forward at HTLC.

In 2018, you worked hard to identify the gifts and mission here at HTLC ending with a section entitled, "WHERE FROM HERE?" May we all pray while asking God for those next steps to move forward here at HTLC. Together, may we "Sharpen the Saw" while continuing to be all God desires for God's ministry here at HTLC. We are part of God's plan for Holy Trinity Lutheran Church, Kingsport, Tennessee in this 103<sup>rd</sup> year of the ministry and mission of HTLC. "Where from here?"

*Yours in Christ  
Pastor Scottie Burkhalter*

SUMMARY OF COUNCIL MINUTES

JANUARY, 13, 2020

Meeting was opened with an inspirational devotions by Diane Childress. This was followed by discussion of our mission statement and the many ways that HTLC members present themselves as a living sacrifice, foregoing things they could be doing for themselves and doing things for our church and for others.

All financial reports were reviewed and found to be in good order and approved.

Reviewed data on Sunday attendance and giving from 2011 to now. There has been a steady decline in both. A key thing council needs to do is work with Pastor to prioritize and focus on new things we might do to better minister to our own members and to people in our community. We will build off of the learnings from the Spiritual and Practical Journey of prayer that we undertook in 2018. Pastor challenged us to develop with him a vision for 2020. To jump start that, he passed out a report on “The Study of Exemplary Congregation in Youth Ministry”. He asked all members to fill out the assessment tool prior to our next meeting. He also passed out a document entitled “Teaching and Learning with the iGeneration: Perspectives, Strategies, and Ideas”.

We reviewed security issues during the month of December. Feedback was positive. We decided to have a walk through security inspection of all of our property by the Kingsport Police. That has been completed and their suggestions will be summarized to use to finalize plans for enhancing the security of our facility and safety of our people.

Meeting was adjourned at 8PM.

**Our Motto — Helping Transform Lives in Christ**

## Holy Trinity Lutheran Church Mission Statement:

*Holy Trinity Lutheran church, called by Christ, and guided by the Holy Spirit, affirms God's love for all His creation.*

*In response, we commit ourselves and our gifts to God's work and His praise through worshipping, celebrating the sacraments, proclaiming the Gospel, teaching God's Word, and loving all people.*

*Following Christ's example, we promise to live our faith in word and deed by being a living sacrifice for others, forgiving and reconciling our differences, and ministering to those in need. All this we do in the sure and certain hope of our salvation.*



## February is American Heart Month



### **Women and Heart Disease..... “ Cardiovascular disease is NOT just a man's disease.”**

Cardiovascular disease is the number one killer of women over the age of 25 in the United States. Cardiovascular disease claims the lives of more women than all forms of cancer combined. Women often have different symptoms of cardiovascular disease than men.

#### **Symptoms of a Heart Attack in women :**

- Pain or discomfort in the chest, arms, jaw, back
- Unusually rapid heart beat
- Shortness of breath
- Nausea or fatigue
- Lightheadedness
- Sweating
- Women's symptoms may occur more often when women are resting.
- Mental stress may trigger heart attack symptoms in women.

#### **Some risk factors (high cholesterol, high blood pressure, obesity) are the same for both men and women and some factors play a bigger role in women developing heart disease.**

- Diabetes. Women with diabetes are at greater risk of heart disease than men with diabetes.
- Mental Stress and Depression. The female heart is affected by stress and depression more than male heart.
- Smoking is a greater risk factor for women.
- Inactivity
- Menopause. Low levels of estrogen after menopause pose a significant risk factor for developing small vessel heart disease in women.
- Broken Heart Syndrome.
- Pregnancy Complications. High blood pressure or diabetes during pregnancy can increase a women's long term risk of developing high blood pressure and diabetes and increase the risk of developing heart disease.
- Women with an inflammatory tissue disease such as rheumatoid arthritis may have a higher risk for heart disease.

#### **Women can reduce their risk of heart disease by :**

- Not Smoking
- Maintain a healthy weight
- Eating a healthy diet

Source : Mayo Clinic, Cleveland Clinic

Thank You for your donation : Greg Rasmussen  
Jerry Wright



**Safety Moment....** Do you know where the AED is located at church ????

**In His service and yours,**

*Sue*

# Worship Assistants & Meals on Wheels



## February 2020 Worship Assistants

If you perceive a conflict in your personal schedule, *please exchange with someone else* and remember to call the office with the change.

Area of Service	Feb. 2 4 Epiphany	Feb. 9 5 Epiphany	Feb. 16 6 Epiphany	Feb. 23 Transfiguration of Our Lord	Feb. 26 Ash Wednesday <b>7:00 PM</b>
<b>10:00 Service</b>					
Acolyte	Reagan Hollowell	Lily DeBraal	Riley Hollowell	Colin Steach	Nikki Louthan
<b>Banner Bearers</b>	NA	NA	NA	Caleb Steach Reagan Hollowell	NA
<b>Crucifer</b>	NA	NA	NA	Nikki Louthan	NA
<b>Assisting Minister</b>	Charles Nitschke	Amy Louthan	Bill Cooper	Laura Mitchell	Patti Wilder
<b>Communion Assistant</b>	Loretta Nitschke	David Reames	Leigh Bergemann	Amy Louthan	Sarah Wright
<b>Greeters</b>	Judy Harper Kathy Schick	Terry & Jeanette Huret	Bill & Carolyn Cooper	Mike Booher Kristi Grady	Dick Orr Doris Orr
<b>Ushers</b>	Judy Harper Kathy Schick Jon Peters Gene Childress	Terry Huret Jeanette Huret Tim Perry Ken Perry	Bill Cooper Carolyn Cooper Dick Orr Doris Orr	Mike Booher Kristi Grady Jeremy Steach Kristin Steach	Dick Orr Doris Orr Jon Peters Martin Schick
<b>Nursery</b>	TDB	TDB	TDB	TDB	TDB
<b>Altar Guild</b>	Leigh Bergemann	Kathy Schick	Laura Reames	Brenda Mooneyhan	Sarah Wright
<b>Sunday Meals</b>					
<b>Cooks</b>	Huret	Leigh Bergemann Kathy Schick	Brett & Sabrina Steel	Hrivnaks Eric Waters	NA
<b>Drivers – Blue:</b>	Wallace	Childress	Castille	Wright	NA
<b>Red:</b>	Hollowell	Reinhardt	Louthan	Cooper	NA
<b>Green:</b>	Grady	Steach	Glauer	Glauer	NA
<b>Gold:</b>	Hrivnak	Perry	Churn	Wilder	NA







## NLC 2020 SOUTHEASTERN TOUR!

### **National Lutheran Choir on tour in Hickory, North Carolina Thursday, February 20, 2020 – 7:30pm**

Grace Chapel – Lenoir-Rhyne University  
8th Ave NE, Hickory, NC 28601

Plans are coming together nicely for our trip to go hear the National Lutheran Choir in Hickory, North Carolina. We have made a reservation with a professional bus driver to chauffeur us across the mountain. The concert is free, but the cost of the bus will be approximately \$50 per person; a price we felt well worth alleviating any concerns drivers might have regarding night time driving, difficulties of weather, etc. Scholarships for the bus are available; see Pastor Scottie for details.

Anyone still interested in joining us, please sign up in the Gathering Room. We have started a waiting list to fill spots in the event that some currently on our list need to cancel before the concert.

### **Tuesday Morning Connection with Pastor Scottie**

**Meets at the *McDonald's* in  
Colonial Heights (next to Ingles Grocery Store)  
8:00 am to 9:30 am**

**XYZ Breakfast this month will  
be at Perkin's  
November 12, 2020  
9 to 10:30 am**

### **Quilting Dates** (also on the Church Calendar)

**February:**

4, 6,  
11, 13,  
18, 20,  
25 & 27.



# HTLC New Pictorial Directory

Our community celebration would not be complete without you

Join us and be included in our new directory.

We will once again work with Lifetouch Photography who will take our photos and prepare the directory. It will be a “Bible size” directory so that you can keep it close by. Also, in the era of technology, you’ll be able to download a password protected directory on your phone or iPad.

## Photography times will be:

- |                                      |                       |
|--------------------------------------|-----------------------|
| February 27 & 28 (Thursday & Friday) | From 2-9 p.m.         |
| February 29 (Saturday)               | From 10 a.m. – 5 p.m. |



### Reserve your professional photography session today

- No session fees.
- Be included in our new directory.
- Plan on 60 minutes for photography and time to view your images and an assortment of products offered.



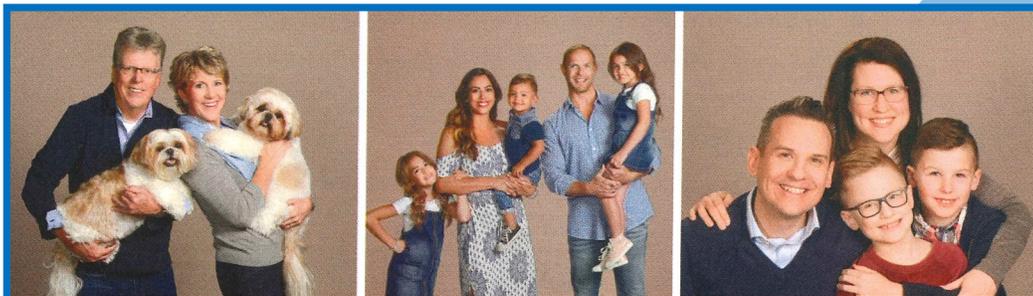
### You will receive:

- One FREE 8x10 standard print.
- Free printed church directory.
- Bonus! FREE Shutterfly gift with purchase.



### Tips & inspiration

- Bring meaningful items to personalize your photographs.
- Keep clothing simple.
- Relax and have fun!



this Month

## On-going Standing Ministry Meeting Schedule

**Audio-Visual (No routine meetings)**  
**Congregational Life (No routine meetings)**  
**Finance Committee (No routine meetings)**

**Outreach Committee**  
1st Sunday of the Month at 8:30 am

**Property Ministry**  
1st Monday of the month at 7 pm

**Stewardship Committee**  
1st Monday of the month at 6:30 pm

**WELCA Meeting**  
2nd Monday of the month at 1 pm

**Church Council Meeting**  
2nd Monday of the month at 7:00 pm

**Mutual Ministry**  
Last Monday of the month at 7 pm

**Evangelism Committee**  
3rd Tues of the month at 12 pm

**Worship & Music Committee**  
1st Wednesday of the month at 4:30 pm

**XYZ Breakfast Club**  
2nd Wednesday of the month at 9 am.

**Prayer Ministry**  
2nd Thursday of the month at 12 pm

**Prayer Shawl Ministry**  
1st Thursday of the month at 10:30 am

**Christian Education Ministry**  
1st Thursday of the month at 11:30 am



- 2 Hrivnak, Mr David James (David)
- 4 Burse, Miss Alyssa (Alyssa)
- 6 Louthan, Kirsten Nicole (Nikki)
- 8 Aderholdt, Ms Cecilie B (Cecilie)
- 13 Steach, Mrs Kristen (Kristen)
- 17 Wallace, Mrs Barbi (Barbi)
- 19 Newsome, Mrs Dorothy Bennett (Dot)
- 20 Hansen, Mrs Marion (Marion)
- 26 Juelfs, Mr Martin Scott (Scott)

# Holy Trinity Lutheran Church — February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 HTLC hosting Family Promise 5:00 PM - 7:00 AM
2  Groundhog Day Outreach Committee Meeting 8:30 AM - 9:30 AM Sunday School 8:30 AM - 9:30 AM Worship Service 10:00 AM - 11:00 AM HTLC hosting Family Promise 5:00 PM - 7:00 AM	3 Stewardship Meeting 6:30 PM - 8:30 PM Property Committee Meeting 7:00 PM - 9:00 PM	4 Tues. Morning Connection w/Pastor Scottie 8:00 AM - 9:30 AM Quilters Sewing Day 9:00 AM - 2:00 PM Women's Bible Study 10:00 AM - 11:00 AM	5 Men's Bible Study 7:30 AM - 8:30 AM Worship & Music Meeting 4:30 PM - 5:30 PM Choir Practice 7:00 PM - 8:00 PM	6 Quilters Sewing Day 9:00 AM - 2:00 PM Prayer Shawl Group 10:30 AM - 12:30 PM Christian Education Meeting 11:30 AM - 1:30 PM	7	8
9 Sunday School 8:30 AM - 9:30 AM Worship Service 10:00 AM - 11:00 AM	10 WELCA Meeting 1:00 PM - 3:00 PM Council Meeting 7:00 PM - 9:00 PM	11 Tues. Morning Connection w/Pastor Scottie 8:00 AM - 9:30 AM Quilters Sewing Day 9:00 AM - 2:00 PM Women's Bible Study 10:00 AM - 11:00 AM	12 Men's Bible Study 7:30 AM - 8:30 AM XYZ Breakfast 9:00 AM - 10:30 AM Choir Practice 7:00 PM - 8:00 PM	13 Quilters Sewing Day 9:00 AM - 2:00 PM Prayer Ministry Meeting 12:00 PM - 2:00 PM	14 Valentine's Day  	15
16 Sunday School 8:30 AM - 9:30 AM Worship Service 10:00 AM - 11:00 AM	17 Presidents' Day	18 Tues. Morning Connection w/Pastor Scottie 8:00 AM - 9:30 AM Quilters Sewing Day 9:00 AM - 2:00 PM Women's Bible Study 10:00 AM - 11:00 AM Evangelism Committee Meeting 12:00 PM - 2:00 PM	19 Men's Bible Study 7:30 AM - 8:30 AM Choir Practice 7:00 PM - 8:00 PM	20 Quilters Sewing Day 9:00 AM - 2:00 PM  National Lutheran Choir Performance 7:30 to 9:30 pm	21	22
23 Sunday School 8:30 AM - 9:30 AM Worship Service 10:00 AM - 11:00 AM	24 Mutual Ministry Meeting 7:00 PM - 9:00 PM	25 Tues. Morning Connection w/Pastor Scottie 8:00 AM - 9:30 AM Quilters Sewing Day 9:00 AM - 2:00 PM Women's Bible Study 10:00 AM - 11:00 AM	26 Ash Wednesday (First Day of Lent)  Men's Bible Study 7:30 AM - 8:30 AM Choir Practice 7:00 PM - 8:00 PM	27 Quilters Sewing Day 9:00 AM - 2:00 PM Photo Sessions for Pictorial Directory 2:00 PM - 9:00 PM	28 Photo Sessions for Pictorial Directory 2:00 PM - 9:00 PM	29 Photo Sessions for Pictorial Directory 10:00 AM - 5:00 PM

# Events until next update

Feb. 1, 2020 (Sat.)	5:00 PM to 7:00 AM	HTLC hosting Family Promise	Please consider helping with this important ministry. Sign up sheets are in the Gathering Room.
Feb. 2, 2020 (Sun.)		Groundhog Day	<i>no details</i>
	8:30 AM to 9:30 AM	Outreach Committee Meeting	-
	8:30 AM to 9:30 AM	Sunday School	Topic: Romans - A Letter for Today. How Paul's theology was being shaped.
	10:00 AM to 11:00 AM	Worship Service	-
Feb. 3, 2020 (Mon.)	5:00 PM to 7:00 AM	HTLC hosting Family Promise	Please consider helping with this important ministry. Sign up sheets are in the Gathering Room.
	6:30 PM to 8:30 PM	Stewardship Meeting	-
Feb. 4, 2020 (Tue.)	7:00 PM to 9:00 PM	Property Committee Meeting	7pm Contact Bill Cooper with any questions regarding this meeting
	8:00 AM to 9:30 AM	Tues. Morning Connection w/Pastor Scottie	Change of venue! We are now meeting at the McDonald's in Colonial Heights (next to Ingles Grocery Store) 8:00 am to 9:30 am
	9:00 AM to 2:00 PM	Quilters Sewing Day	Stay as long as you want!
Feb. 5, 2020 (Wed.)	10:00 AM to 11:00 AM	Women's Bible Study	-
	7:30 AM to 8:30 AM	Men's Bible Study	Topic: Ezra & Nehemiah
	4:30 PM to 5:30 PM	Worship & Music Meeting	Standing Committee Meeting
Feb. 6, 2020 (Thu.)	7:00 PM to 8:00 PM	Choir Practice	-
	9:00 AM to 2:00 PM	Quilters Sewing Day	Stay as long as you like!
	10:30 AM to 12:30 PM	Prayer Shawl Group	We actually stop when we want.
	11:30 AM to 1:30 PM	Christian Education Meeting	Upstairs Conference/Bible Study Room

# Prayer Requests

## Health Issues

Katie Maddox (Marty King's sister)  
Victoria Burkhart (friend of Hrivnaks)  
Melinda Rogers (friend of Trumbos)  
Marty King  
Wayne Whipp  
James Varney (friend of Marilyn Rich)  
Barbara Millsap (Jeff Bedford's sister)  
Jean Winstead (Bruce Wilder's sister)  
Alyse (Connie Steere's Granddaughter)  
Sam Pratt  
Judy & Erin Millington (Cecilie Aderholdt's friends)  
Kelly Bates (Kathy's Schick's D-I-L)  
Barbara Miles (Marty King's sister)  
Kaleb McMurray (Jo McMurray's nephew)  
Rachel Harrell (Jim & Betty Dickert's granddaughter)  
Edith Hildebrand  
Shannon & Laurel Wilder (Wilder's family)  
Bruce Wilder  
David Reames  
James Griffith (Carolyn Cooper's Brother)  
Marilyn Rich  
Pam Churn  
Anita Dievert  
Charles McClure  
Talon Huff  
Bob Bedford (Jeff Bedford's father)  
Laurie Velasquez  
Carole Ferguson (Larry Landis' sister)  
Laura Louthan (Jim Louthan's sister)  
Tauri Thomas (Janet Thomas' daughter)  
Scott Parker (friend of Kristy Jones, MOW recipient)  
Ray Lindsey (Kyley Burse's father)  
Kristi Grady  
Charlie & Huey Taylor  
(Laura Mitchell's friend's grandbabies)  
Father of Farrah Cooper's co-worker  
Carl Buick (Bruce Wilder's friend)  
Joyce Watson

## Military /First Responders

Maj Will Huerth- USA, Leigh Bergemann's son  
Maj Sam Oswald- USAF, The Mortenson's nephew  
LTC John Thompson- USAF, The Mortenson's nephew  
LTC James Hoffman- Jo Ella Carter's son in law  
SrA Cory lee Steadman- USAF, Tim & Vioreca's son  
Lt Adam Patterson- USAF, The Patterson's Grandson (Randy's son)  
Cpl Travis Churn, USMC - Cal and Pam Churn's nephew

## Nursing Home, Assisted Living, Or Homebound

Marilee Frye- home  
Dorothy Pamperl - Pam Churn's mother - The Blake  
Marion Hansen- The Blake  
Bob McLellan- Wexford House  
Kyle Jenkins- home  
David and Edith Hildebrand – Asbury Place

## Family/Personal

Laynee and Aizlyn (Great granddaughters of Larry & Inez Glauer)  
Taylor Jennings (granddaughter of Larry & Inez Glauer)  
Tyler Davidson (Ken Perry's grandson)  
Brian Hrivnak  
Kirk Hrivnak

“They were continually devoting themselves to the apostles’ teaching and to fellowship, to breaking of bread and to prayer.” Acts 2:42

***Pastor - The Rev. Scottie Burkhalter  
Parish Nurse - Sue Morgan  
Administrative Assistant - Janet Thomas  
Musician – Dr. Susan Waters***

***Thank you for reading our monthly newsletter to keep up to date  
with our growing church activities!***

***If you are new to the community or without a church home, please consider becoming a member of  
Holy Trinity. Pastor Scottie will be glad to speak with you about this.***



800 Broad St., Kingsport, TN 37660  
423-247-9106 | [holytrinitykingsport.org](http://holytrinitykingsport.org)