

TOMPKINS COUNTY FOOD DISTRIBUTION NETWORK

A PROGRAM OF AREA CONGREGATIONS TOGETHER (ACT)

The TCFDN is a group of pantries and kitchen cupboards that have provided meals to our neighbors for over thirty years. Volunteers have come together and are committed to providing over 2 million pounds of nutritious food and supplies each year to Tompkins County residents who are struggling to provide food for themselves or their families. Everyone who receives food will be treated respectfully in a safe, friendly atmosphere. Additional food resources are available through **Friendship Donations Network** listed at <https://friendshipdonations.org/programs/> - 607-216-9522

- Dates and times are subject to change. We have provided direct contact information for your convenience. ■

ITHACA FOOD PANTRIES AND COMMUNITY MEALS

Advocacy Center – Office 607-277-3203 • Hotline 607-277-5000

Baptized Church of Jesus Christ Food Distribution Center

607-272-1984 | 412 First Street, Ithaca

10:00am - 12:00pm, Wednesdays • 10:00am - 12:30pm, 3rd Sat • *Serving All of Tompkins County*

Food Pharmacy at Ithaca Free Clinic

Clinic 607-330-1254 | 521 W. Seneca Street, Ithaca | 2:00pm - 6:00pm, 3rd Monday • *Serving all of Tompkins County*

Greater Ithaca Activities Center (GIAC) - 607-272-3622 - Meal site for children in their afterschool program.

Immaculate Conception Food Pantry

607-273-6121 | 113 N. Geneva Street, Ithaca | 1:00pm - 2:00pm, Tuesdays • *Serving All of Tompkins County*

Ithaca College - The Pantry at Ithaca College

607-274-3374 (K. Walls, Student Affairs & Campus Life) | 953 Danby Road | 201 Egbert Hall

12:15-2:00pm, Tuesdays & Thursdays; and 4-6pm, Wednesdays and Fridays • *Available to all campus community members*

Ithaca Kitchen Cupboard in the Salvation Army Building

607-273-2400 | 150 N. Albany Street, Ithaca |

1:30pm - 3:00pm, Monday – Thursday • 1:00pm - 2:30pm, Fridays • *Serves City & Town of Ithaca*

Loaves and Fishes of Tompkins County - St. John's Episcopal Church

607-272-5457 | 210 N. Cayuga Street, Ithaca | All are welcome

Lunch – 12-1pm, M, W, F • Dinner 5:30-6:30pm, Tue and Thur • Currently TO GO for the foreseeable future

No Más Lágrimas | No More Tears – Henry St. John Building, 301 S. Geneva Street, Ithaca

All are welcome | Saturday 3-5pm, 2nd + 4th Monday 3-5pm <https://www.facebook.com/NoMoreTearsNoMasLagrimas>
or <https://nmlagrimas.wordpress.com/>

St. John's Community Service Pantry

607-354-8990 | 618 W. State Street, Ithaca | 9:00am - 9:00pm every day • *Serving All of Tompkins County*

St. John's Community Services Shelter | also 607-354-8990

The Salvation Army - Our Brother's and Sister's Table

607-273-2400 | 150 N. Albany Street, Ithaca | All are welcome

Lunch - 12:00pm, every Saturday • Sunday Meal - 3:00pm • **Food Distribution - every 3rd Saturday 10:00am - 11:30am**



Southside Community Center

607-273-4190 | 305 S. Plain Street, Ithaca

4:00pm - 6:00pm, M-F • *Emergency Food Pack* • 12:00pm - 2:00pm every 1st and LAST Sat • *Serving All of Tompkins County*

TC3 Panther Food Pantry – Tompkins Cortland Community College

607-844-8222 | 170 North Street, Dryden, Rm 116A, Across from Health Center

1-3pm Mondays • serving all students, faculty, and staff

Tompkins Community Action

607-273-8816 | 701 Spencer Road, Ithaca

1:00pm - 4:00pm, Tue • 10:00am - 1:00 pm, Wed & Thur • Delivery with referrals – Fri • *Serving All of Tompkins County*

YMCA of Ithaca & Tompkins County Food Pantry - 50 Graham Road

For more information: <https://friendshipdonations.org/programs/> or <https://ithacaymca.com>

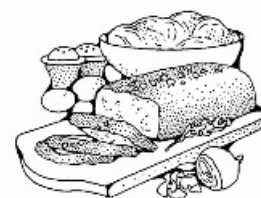
TOWNSHIPS

Caroline Food Pantry Brooktondale Community Center

607-539-6810 | 522 Valley Road, Brooktondale | 5:00pm - 7:00pm, 1st and 3rd Monday

Danby Food Pantry - Danby Community Church

607-272-1687 (leave message) | 1859 Danby Road, Ithaca | 4:00pm - 6:00pm, 3rd Thursday



Dryden Kitchen Cupboard - Dryden Presbyterian Church

844-8321 (leave message) | 6 North Street, Dryden | 11:00am - 12:00pm, M, F & last Sat • 5:00pm - 6:00pm, Wed

Enfield Food Distribution – Primarily residents of the Town of Enfield; temporarily waiving residency requirement

607-273-5682 | Enfield Community Building | 182 Enfield Main Road, Ithaca

9-11 am (Saturdays) • 9-11 am (Sundays) • 11:00am - 1:00pm (Mondays)

Freeville Food Pantry - Freeville United Methodist Church

607-844-8760 (leave message – church) | 39 Main Street, Freeville | 6:00pm - 7:00pm, 2nd and 4th Monday

Groton Food Providers: Pre-registration required. Email: grotonfoodproviders18@gmail.com

607-793-5617 | 101 McKinley Ave | 1:00pm - 6:00pm, Mondays • Serves town & village of Groton and surrounding areas.

Lansing Food Pantry

607-379-7245 | 1767 East Shore Drive

Lansing residents only • 1:00pm - 3:00pm - 4th Mon | Special Pantry (open to anyone) • 10:00am - 12:00pm, 2nd Mon

Newfield Kitchen Cupboard - United Methodist Church

607-564-3555 (leave message) | 227 Main Street, Newfield | 4:00pm - 6:00pm, 1st & 3rd Wednesdays (WINTER HOURS**)**

Thrive Church | The Food Pantry - Formerly the Reach Out for Christ Church

607-224-8822 to check food availability | 318 Johnson Road, Freeville | 1:15pm – 1:45pm, Sundays

Trumansburg Food Pantry - Trumansburg United Methodist Church

Leave message 607-387-8260 (hotline) or 607-387-9024 (church) | Corner of Main & South Streets

11:30am-12:30pm & 5:15pm-6:00pm, every other Mon - call for schedule - serving residents within T-burg School District

The TCFDN welcomes contributions through area Food Drive projects and individual donations of food, personal care and household items, and pet foods; as well as monetary gifts. **Monetary donations may be sent to: Joan Barber, Treasurer, 8 Hilltop Road, Ithaca, NY 14850. Checks payable to “TC Food Distribution Network.”** The 2022 TCFDN Officers are: Co-Presidents, Sayre Paradiso and Charley Rawlings; Vice President, Captain Stacy McNeil; Secretary, Glenda Abbey; Treasurer, Joan Barber.

Rev. 1/21/22