

Week of September 13– September 19, 2020

CASTING OUR NET

ST. STEPHEN'S EPISCOPAL CHURCH

P.O. Box 173, 512 Granary St. New Harmony, IN 47631 (812) 682-4604

Website: ststephensnewharmony.org

Facebook: New Harmony St. Stephen's Episcopal Church

You may give online by visiting our website or by texting SSNH to 73256 (REALM)

Dear St. Stephen's Community,

A week ago Saturday I was rear ended by another car about a half mile from the farm. It was a clear sunny afternoon, a perfect occasion for the other driver NOT to be looking for my stopped car with the left turn indicator flashing in front of him.

My Subaru held up a lot better than his Honda Civic. We waited over an hour on the side of the road for the sheriff's deputy. And then, it started happening: the light was glaring and my head was pounding.

The last lecture a patient receives when being released from the care of a concussion specialist is the "if you have another event, you are more likely to have symptoms". All I could think of on the side of the road was, "No, not again!" So I did what I didn't know to do the last time. I put myself on cognitive rest until I could be evaluated, which means minimal screens (phone, computer, tablet and print matter like books and newspapers), 9-10 hours of sleep each night and non-aerobic exercise like walking or very slow swimming. As an example of how to do work while engaged in cognitive rest, I type this newsletter article with my eyes closed. Voice dictation works but it is not as nearly reliable as my fingers..

I did see the concussion specialist again and while there is some impairment, it is nothing like the last accident two years ago. I am cleared to drive and have limited screen and exercise time. I will see her again this week.

I want you to know that I am okay. I thank you for all the thoughts and prayers and for understanding why only my husband could be on the Zoom video screen during coffee hour yesterday.

Blessings and peace to all,
Beth+

The ZOOM Vestry meeting has been changed to Thursday, September 24th at 7:00 p.m.

We hope to have an **OUTDOOR SERVICE** in the front of the Parish House this upcoming Sunday. Because of the virus numbers, our plans are still tentative. We will send another email out later in the week with an update but wanted you to have the bulletin as early as possible. For those that are able, we encourage you to print it out and bring your own copy with you on Sunday. "

WORSHIP SCHEDULE

	Service Place	Leaders	Coffee Hour Time/Host
Sept 20 Pent 16	Outdoor Service	Dr. Beth	N/A
Sept 27 Pent 17	Morning Prayer on your own. Cindy Bernardin preaching	Cindy Bernardin with Dr. Beth recording	Dr. Beth

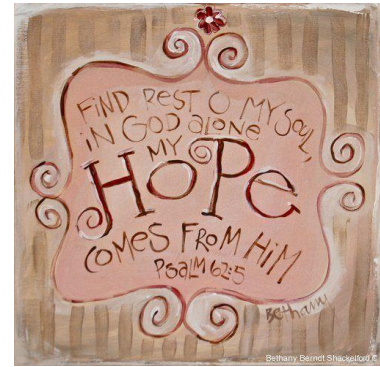
Liturgical calendar

September 20, 2020

Exodus 16:2-15
Psalm 105:1-6, 37-45
Philippians 1:21-30
Matthew 20:1-16

September 27 2020

Genesis 28:10-17
Psalm 103
Revelation 12:7-12
John 1:47-51



We ask for Continued Prayers:

Dr. Beth; Barbara Macke; David Waible; Rose & Ken Back; Jim Back; The Mumford Family; Sam Wilson; Liz's caretakers; Brady Crossen; Janet Lorence; Ruth Loebe; Hope for a successful surgery & recovery; Those suffering from COVID-19; All in the path of the western wildfires; Teachers bearing a multitude of worries during these times of COVID-19; Farmers as the harvest begins

And for those serving in the Military:

EB; Alex; Caitlyn; Brady; Jackson; All who serve

And for Safety in Travel for:

All truck drivers and delivery persons

Those who have died:

Elizabeth B. Mumford; Those who have died from Covid 19

For those who celebrate Birthdays in September:

September 3 – Vicki Campbell
September 3 – Hope Staubitz
September 4 – Margaret Blank
September 5 – Charles Huck
September 8 – Will White
September 15 – Levi Cox
September 16 – Margaret Diemer
September 20 – Wayne Hall
September 25 – Greg White
September 29 – Tom Straw

For those who celebrate Anniversaries in September:

September 6 – Brenda & David McFarland

And for those serving in our Diocese, including Bishop

Jennifer Bakserville-Burrows; our companion Diocese Brasillia, their Bishop Mauricio, and the people and Diocese of Haiti and St. Andre's in Mithon

Blessings:

Rain; Meaningful work; Lives well lived



You can support our Outreach Ministries

Our **KUNSTFEST DRIVE** continues for our Outreach Ministries.

Donations to date \$ 3,385

Make your donation check payable to: St. Stephen's Church, P.O. Box 173, New Harmony IN 47631

Note: write 'Kunstfest donation' in the memo line of your check! Thank you to everyone for your support!

The Kunstfest Fund Drive ends on the 'Kunstfest Weekend' Sunday, September 20th.

Please contact a member of the Vestry with your ideas for distribution of the funds to Outreach Ministries.

BOOK STUDY UPDATE

Due to Dr. Beth's concussion, the book study will be postponed for a couple of weeks. Those who wish to be a part of our Zoom group are encouraged to order the book now. Our next book title is (drum roll, please....) : *How to be an Antiracist* by Ibram X. Kendi. So order up and get ready for a challenging and insightful series of conversations!

