

Faith UP

March 2019

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PASTOR'S PAGE

As we finish up the month of February, we are about to begin the season of Lent. This is what the Book of Common Worship says about Lent, "'Lent' comes from an old English word for springtime, perhaps connected with the lengthening of days in this time of the year in the Northern Hemisphere. The season of Lent is a time for growth in faith- through prayer, spiritual discipline, and self-examination in preparation for the commemoration of the dying and rising of the Lord Jesus Christ. In ancient Christian practice, Lent was a time of preparation for the celebration of Baptism at Easter. In many churches it remains a time to equip and nurture candidates for Baptism or confirmation, and for the whole community of faith to reflect deeply on the theme of baptismal discipleship. Reconciliation is a key theme in the season of Lent-reconciliation with God and with one another through the grace of Jesus Christ.

Lent is a period of 40 days-like the flood of Genesis, Moses' sojourn at Sinai, Elijah's journey to Mt. Horeb, Jonah's call to repentance to Nineveh, and Jesus' time of testing in the wilderness. The Sundays in Lent are not counted among the 40 days, as every Lord's Day is a celebration of Christ's resurrection. Lent begins with Ash Wednesday and concludes at sunset on Holy Saturday, at the start of the Great Vigil of Easter."

That was a lot of words to say that Lent is that set aside period where we truly examine what is in need of letting go, so that we can be prepared for the new to come. Lent is about examining ourselves and the life of our worshiping community and really taking a look at what we do, who we are, how we share the Gospel with the world, how we share life in hope with those around us, how we live out the Jesus Way in our lives, individually and collectively. I have one question for us to truly think about during this season, and I hope we ALL will think on this question every day of Lent, and beyond, and that is "does the world see Jesus in the world when they see me?" What I mean by that is, does the world see the love of Christ in play when I am involved, is good news shown, is love shown, is life being made better for the other by who I am and what I am doing, is reconciliation and transformation taking place through my actions and my words, and my being? This is meant to give pause to the whole Body of Christ, to our part of the Body as Faith United Presbyterian Church, and to us individually as members of the church. I invite you to an active Lent, one spent in prayer, in worship, in service, in quiet contemplation, in active engagement with one another and the other. We are including in the Newsletter and in the weekly bulletin a schedule of all the worship times and possibilities during this season, and there are a couple of new things this year to make you aware of: we will be worshiping as a community on both Maundy Thursday and Good Friday, as we seek to build a stronger relationship with our Presbyterian family throughout the Sioux City area; Maundy Thursday service will be held at First PC, downtown, and there will be communion, a joint choir, and I will preach. Then, Good Friday service will be held here at Faith United. As well, the Ash Wednesday service will be held at Westminster PC on Wednesday, March 6, and there will be a weekly devotion and lunch at First Presbyterian downtown, at noon each Friday. May we gather together during Lent and beyond, and find an openness to the new life and the new being we are made in Christ. Amen.

Dave



MISSION NEWS



Written by Harriett Marsh

Spotlight on Missions!!

Thanks to all the volunteers who helped fill backpacks at the Food Bank on Monday, February 25th. We continue to partner with Westminster Presbyterian in this mission project. Our next date for serving at the Soup Kitchen is Monday, April 1st. If you would like to help, please sign up on the bulletin board or contact Harriett Marsh.

Lindy has taken the glue sticks and disinfectant wipes to Morningside Elementary and they are asking for colored markers and colored pencils. The basket for these remains under the bulletin board - let's see if we can fill it this month!

Faith United had a table at the Food Bank's Empty Bowls and it was completely filled with Dave and Sherry Koehler, Don and Mary Stokes, Audrey Fenton, Karen Juhl, Peggy Reid and Harriett Marsh who all enjoyed the many soups available and looking at all the items available at the silent auction.

The dollars raised on Souper Bowl Sunday will be given to Westminster Pres. to help with our joint project of keeping the food box built during VBS filled this winter.

Yes, believe it or not, SPRING is coming and with it is our spring mission project of Easter baskets for the Crittenton Center. Watch for more information in the bulletin and in a Minute for Mission.

Remember - MISSION OUTREACH is the mission of the church!

Committee members: Becky Bainbridge, Kelly Berkenpas, Karen Juhl, Harriett Marsh, Kelli McWilliams, Peggy Reid

These Days

We have many copies of "These Days" available. We get new ones every quarter. Please take one for yourself, a family member or friends.

Sunday Attendance

	<u>10:30</u>
January 27	??
February 3	??
February 10	??
February 17	39

??-No attendance forms filled out

Please direct ideas, articles and questions to
Teri McCallum
712-276-3121,
faithupcsec@outlook.com

*Faith United Presbyterian Church
is on a pilgrimage to resurrect and expand our church
community and to share the love and grace of Jesus
Christ. We worship as an authentic expression of our
gratitude to God for grace unimaginable and love
unconditional. We strive to be God's heart, hands and
voice to all ages as we grow in faith and engage in
mission locally, nationally, and globally.*



PRESBYTERIAN WOMEN

Upcoming Dates to Remember

March

Circles will meet:

March 5, Naomi Circle
March 6, Rebecca Circle, 10:00 am
March 14, Esther Bible Study, 9:30 am
March 15, Coordinating Team, 10:00 am
March 15, PW Gathering, 12:00 pm
March 19, Lydia Circle, 7:00 pm

Vina Rodecker

The Presbyterian Women's March Gathering will be Friday, March 15th, at noon in the dining room. There will be a salad lunch followed by the program where Rev. John Jorgenson will be speaking about organ donation. In addition, the Birthday Offering will be dedicated. All women of the church are invited. Please make a reservation with your circle moderator or with the church office by Monday, March 13th.

SYNOD GATHERING for Presbyterian Women of the Synod of Lakes and Prairies will be held June 20-23 in Ames IA this year. This is a triennial event for the women of the church. This year's theme: "Out of the believer's heart shall flow streams of living water" (John 7:38). There will be workshops on various topics, wonderful worship services, and lots of other activities. Registration is \$200 per person. Room rates at the Gateway Hotel and Conference Center is \$120/night with up to 4 people sharing a room. The PW of Faith United Presbyterian Church will be offering scholarships to help defer expenses. This is a great opportunity for any woman to join others from the Synod. Please consider attending. For any questions or a booklet on the Synod Gathering, see Audrey Fenton. We would like to see some representation from FUPC.

WORSHIP IN MARCH

March 3rd: John Daniels is preaching on this Transfiguration Sunday, as Luke's accounting of the Transfiguration is front and center.

March 10: The first Sunday of Lent; we welcome Rev. Dr. Cambria Kaltwasser, Theology Professor at Northwestern College and ordained PCUSA pastor, will preach and lead communion service.

March 17: Luke 13:31-35; making choices on the journey of faith.

March 24: Luke 13:1-9; the message of repentance is found in the parable of the planting of the fig tree.

March 31: Luke 15:1-3, 11-32; On the fourth Sunday of Lent, forgiveness is the focus as we encounter the story of the Prodigal's return.

**Kitchen Crew
for March is
Naomi Circle**

HELP WANTED: The ladies of the Quilting Group are needing additional crafters or people who enjoy sewing and putting together simple tie quilts. We meet every Tuesday morning from 9-noon. If you are not able to stay the whole time or come every week, we will work out a schedule for those that would like to help. Last year we assembled 13 quilts and donated them to the Council on Sexual Assault and Domestic Violence. Please consider this Mission project.



CARD MAKING GROUP

will meet on March 13, at 9:00 am. All are welcome to come and help us make cards.

Cards are for sale for --\$.50 each or 3 for \$1.00.



LENT 2019

March 6: Ash Wednesday Worship @ Westminster PC- 7 PM.

March 8: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch: The Little Prince; Rev. Dr. Tom Murray; Ladies of 1st PC S. City

March 10: First Sunday of Lent; Rev. Dr. Cambria Kaltwasser preaching, Communion

March 15: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch; The Day Tiger Rose Said Goodbye; Rev. Rex Wenzel; Ladies of 1st PC, S. S. City

March 22: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch: The Velveteen Rabbit; Rev. Erica MacCreaigh; Ladies of Westminster PC

March 29: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch: Charlotte's Web; Rev. Dr. Tom Murray; Ladies of 1st PC, S. City

April 5: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch: Where The Wild Things Are; Rev. David Koehler; Ladies of Faith United PC

April 12: Lenten Lunch Series: A Child Will Lead; Lenten Themes in Children's Stories and Lunch: Tuck Everlasting; Rev. Erica MacCreaigh; Ladies of Westminster PC

April 14: Palm Sunday

April 18: Community Maunday Thursday Service; 6:30; First Presbyterian Church, S. City, Rev David Koehler, Preaching; The Sacrament of Holy Communion; Combined Choir

April 19: Community Good Friday Service; 7 pm; Faith United Presbyterian Church
Solemn Reproaches of the Cross; Combined Choir

April 21: EASTER SUNDAY

Christian Ed News

March

Our Middle / High School youth enjoyed helping out at Culvers. They made \$136.74 that will go toward a mission trip. Destination is yet to be determined. Thank you everyone who came to Culvers to support them. They wore a nice red Faith United Presbyterian T-shirt that we will sell for anyone to order.



Come join the adult Sunday School class at 9:00 am in the Fireside room. We will be discussing the New Testament reading that Pastor Dave will be preaching from. The Middle/High School youth will also be joining in the discussion.

Christian Ed

Lectionary Scripture Lessons in March

Transfiguration of the Lord—March 3

Exodus 34:29–35; Psalm 99

2 Corinthians 3:12–4:2; Luke 9:28–36 [37–43]

Ash Wednesday—March 6

Joel 2:1–2, 12–17 or Isaiah 58:1–12; Psalm 51:1–17

2 Corinthians 5:20b–6:10; Matthew 6:1–6, 16–21

First Sunday in Lent—March 10

Deuteronomy 26:1–11; Psalm 91:1–2, 9–16
Romans 10:8b–13; Luke 4:1–13

Second Sunday in Lent—March 17

Genesis 15:1–12, 17–18; Psalm 27

Philippians 3:17–4:1; Luke 13:31–35 or Luke 9:28–36

Third Sunday in Lent—March 24

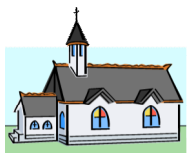
Isaiah 55:1–9; Psalm 63:1–8

1 Corinthians 10:1–13; Luke 13:1–9

Fourth Sunday in Lent—March 31

Joshua 5:9–12; Psalm 32

March - OUR CONGREGATION IN ACTION



Prayer Families for March

3 - Helen Lehnertz, Pat Lewis, Gary & Karen Lien, Kirk Lien, Beth Lindgren & family, Alicia Lingle

10 - Nick Lingle & family, Sally Lingle, Betty Ludwig, Dick & Sandy McKeever, Matt & Kelli McWilliams & family, Larry & Sally Manker

17 - Harriett Marsh, Valerie Marshall, Ralph Maslonka, Betty Maxfield, Beverly Maxfield, Bob & Julie Mesmer

24 - Bobbi Mesmer, Heather Mesmer, Kaylinn Mesmer & family, Mary Michell, Ben & Christy Miller & family, Lynda Miller & David

31 - Marion Molden, Barb Montgomery, Richard & Ione Morgan, Alden Noble, Charlene Nuzum, Bonnie Oliver

Ushers



10:30 Service

3 - Carlotta Fox*, Karen Lien, Helen Lehnertz, Mary Stokes

10 - Skip Trout*, Dick Pruehs, Sheryl Collins, Bill Strawn

17 - Tom Braddy*, Zach Gould, Andrea Cale, Shirley Heath

24 - Jeff Arnett*, Merlin & Peggy Berkenpas, Eric Butler

31 - Angie Irwin*, Richard Delfs, Jeff & Becky Paulsen



Liturgist

Harriett Marsh



Greeters

3 - Ben & Christy Miller

10 - Bryon Wertz

17 - Sue LeGree

24 - Lorman & Sally Vilhauer

31 - Toots Pittman

Communion Servers

10 - Becky Bainbridge, Skip Trout, Don Stokes



COFFEE SERVERS

March - Lydia Circle

April - Empty Nesters

May - Session

June - Men's Club & Sunday School Leaders

July - Choir

August - Naomi & Esther Circles

September - Out to Lunch Bunch

October - Ushers

November - Bell Choir

December - Faith Together 7 PW Board



Offering Counters



March -

April -

May - Skip Trout & Kelli McWilliams

March 2019



Birthdays

- 1 - Darrell Krommenhoek
- 2 - Andrea Cale
- 4 - Larisa Chmeilewski
- 7 - John Daniels
Taylor Schmith
- 8 - Keith Hansen
- 9 - Sarah Hansen
Harriett Marsh

- 10 - Mark Schmith
- 11 - Laurinda Finken
- 17 - Skip Trout
Marilyn Winter
- 21 - Addyson Hicklin
Esther Peters
Larry Severeide
- 26 - Sally Manker
- 27 - Daren Koehler
- 29 - Julie Mesmer
- 30 - Andrew Becker
- 31 - Lloyd Trout

March 2019 Anniversaries



- 7 - Marv & Lorraine Edmunds
- 29 - Merlin & Peggy Berkenpas

Pastor Dave will be on vacation until March 11th.

EMPTY NESTERS

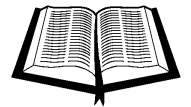
Empty Nesters will meet at **5:00 pm** on March 12 at Old Chicago. Please let Bob Mesmer know if you will be going. You can still come even if you don't let him know, but he needs an approximate count to reserve a big enough table. **Note the time change.**

LUNCH BUNCH On Wednesday, March 6 the Lunch Bunch will meet at Olive Garden at 12:30 pm

SUPPORT GROUP FOR CAREGIVERS

Will meet March 20 at 10:00 - 11:30 a.m. All caregivers of individuals with a dementia are welcome to attend. It is free and open to the public.

Mar/Apr UPPER ROOM
DEVOTIONALS ARE
HERE!



*The deadline for newsletter submission is the **3rd Wednesday** of the month prior to publication. Please direct articles & questions to
Teri McCallum
faithupcsec@outlook.com*

Treasurer's Report from December

Income	\$14,246.98
Expenses	\$17,556.55

March 2019

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					1 9-12 Cribbage games 8:00 pm Closed AA 8:00 pm AI-Anon	2 8:00 & 9:30 Weight Watchers 9-11 Pinewood build
3 10:30 am Worship Service COMMUNION 1:00 pm Girl Scouts 7:00 pm Women's AA 8:00 pm Open AA	4 6:30 pm Cub Scouts	5 9:00 Quilting Group 1:30 pm Naomi Circle	6 ASH WEDNESDAY 10:00 am Rebecca Circle 12:15 Weight Watch 12:30 pm Lunch Bunch @ Olive Garden 5:45 Weight Watchers 5:30 pm WFAM 6:30 pm Choir 7:00 pm Service @ Westminster 7:00 Gambler's Anon 7:15 pm Bell Choir	7 8:30 Men's Club 10:00 Weight Watch 7:00 pm Scouts	8 9-12 Cribbage games 8:00 pm Closed AA 8:00 pm AI-Anon	9 8:00 & 9:30 Weight Watchers 9-12 Pinewood build
10 10:30 am Worship Service 7:00 pm Women's AA 8:00 pm Open AA	11 6:30 pm Cub Scouts 7:00 pm Session	12 9:00 Quilting Group 5:00 pm Empty Nesters @ Old Chicago 7:00 pm Doll Club	13 12:15 Weight Watch 5:45 Weight Watchers 5:30 pm WFAM 6:30 pm Choir 7:00 Gambler's Anon 7:15 pm Bell Choir	14 8:30 Men's Club Bible Study 9:30 am Esther Bible Study 10:00 Weight Watch 4:00 pm Deacons 7:00 pm Scouts	15 9-12 Cribbage games 10:00 am PW Coordinating Mtg 12:00 pm PW Gathering 8:00 pm Closed AA 8:00 pm AI-Anon	16 8:00 & 9:30 Weight Watchers
17 10:30 am Worship Service 1:00 pm Girl Scouts 7:00 pm Women's AA 8:00 pm Open AA	18 6:30 pm Cub Scouts	19 9:00 Quilting Group 7:00 pm Lydia Circle	20 FAITH UP DEADLINE 10:00 am Caregivers Group 12:15 Weight Watch 5:45 Weight Watchers 5:30 pm WFAM 6:30 pm Choir 7:00 Gambler's Anon 7:15 pm Bell Choir	21 8:30 Men's Club 10:00 Weight Watch 7:00 pm Scouts	22 9-12 Cribbage games 8:00 pm Closed AA 8:00 pm AI-Anon	23 8:00 & 9:30 Weight Watchers Pinewood Derby
24 10:30 am Worship Service 7:00 pm Women's AA 8:00 pm Open AA	25 6:30 pm Cub Scouts	26 9:00 Quilting Group 12:00 pm Faith Together	27 12:15 Weight Watch 5:45 Weight Watchers 5:30 pm WFAM 6:30 pm Choir 7:00 Gambler's Anon 7:15 pm Bell Choir	28 8:30 Men's Club 10:00 Weight Watch 7:00 pm Scouts	29 9-12 Cribbage games 8:00 pm Closed AA 8:00 pm AI-Anon	30 8:00 & 9:30 Weight Watchers
31 10:30 am Worship Service 7:00 pm Women's AA 8:00 pm Open AA						

Faith United Presbyterian Church

4327 Morningside Avenue
Sioux City, Iowa 51106

Phone: 712-276-3121

E-Mail (Pastor): faithupc@outlook.com

E-Mail (Secretary): faithupcsec@outlook.com

Website: www.faihtupc.com

We're also on Facebook



Worship Schedule

Service times

9:00 Sunday School

10:30 Worship Service

Staffed Nursery Available

Faith United Presbyterian Committees

Building & Grounds

Andy Gottsch
Don Stokes
Ben Miller

General Administration

Skip Trout
Don Stokes
Tina Hansen
Kelli McWilliams

Memorial

Becky Bainbridge
Renea Anderson

Christian Education

Tina Hansen
Becky Bainbridge

Investment/Endowment

Gary Hacker

Mission

Becky Bainbridge
Kelli McWilliams
Kathy Angerman

Finance

Renea Anderson
Zach Gould

Membership

Skip Trout
Kathy Angerman
Kelli McWilliams

Worship

Kelli McWilliams
Zach Gould

BOARD OF DEACONS

Carolyn Daniels	Bonnie Oliver
Angie Irwin	Dick Pruehs
Beth Lindgren	Harvey Stokes
Sally Lingle	Lorman Vilhauer
Julie Mesmer	Sally Vilhauer

THE SESSION OF FAITH UPC

Clerk of Session-- Connie Sponder

Renea Anderson	Tina Hansen
Kathy Angerman	Kelli McWilliams
Becky Bainbridge	Ben Miller
Andy Gottsch	Don Stokes
Zach Gould	Skip Trout

FAITH UNITED PRESBYTERIAN CHURCH STAFF

Pastor: Rev. David Koehler - Admin. Asst.: Teri McCallum - Music staff: - Sonja Floyd, Pat Herbold, Ellen Osborn, Eleanor Tasker
Maintenance Services: Lindy Johnson - Nursery Care Coordinator: Tina Hansen