

he might destroy him that had the power of death, that is, the devil” **Hebrews 2:14**

For those who choose to allow the Lord Jesus Christ to be their Deliverer, Savior and Prince of Peace, the spirit of fear is defeated, “*And deliver them who through fear of death were all their lifetime subject to bondage*” **Hebrews 2:15**.

Jesus said, “*I am the way, the truth, and the life: no man cometh unto the Father but by me*” **John 14:6**. Where there is life, death cannot have dominion, which means there is no sin and fear is defeated. “*There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love*” **1 John 4:18**. Fear, depression, addiction come with torment of the mind, spirit and body. True love and life brings peace, joy and Godliness.

Jesus made it possible that those who desire to be set free from the spirit of fear can be made free, “*So if the Son sets you free, you will be free indeed*” **John 6:36** (NIT). Through obedience to and acceptance of the Gospel of Jesus Christ in our lives, we know that, “... *God has not given us a spirit of fear and timidity, but of power, love, and self-discipline*” **2 Timothy 1:7** (NLT). Because Jesus broke the power and curse of sin, we are able to be released from the bondage of fear, death and sin IF we will serve Him.

For those who want freedom from fear and turn to the Lord Jesus, there are

precious things available, “*And hope maketh not ashamed: because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us*” **Romans 5:5** and “...*the kingdom of God is righteousness, peace, and joy in the Holy Ghost*” **Romans 14:17**.

Are you or someone you know battling fear, depression or addiction? Jesus Christ really is the answer. Let Him heal, deliver and save you today.

If you have any questions or comments, please feel free to call or write us.

Additional Studies

- About the Bible
- Baptism
- Deliverance from Fear
- Praise & Worship
- Q&A About Knowing God
- The Acts of the Apostles
- The Gift of the Holy Ghost
- The Gifts of the Spirit

Deliverance from Fear



“For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”

II Timothy 1:7

What is Fear?

Fear manifests itself in many ways. The word fear comes from the Greek word, *phobos*, from which we get the word, phobia. Phobias are popular today, some may seem funny (*ablutophobia* – fear of taking baths), strange (*geniophobia* – fear of chins), normal (*lyophobic* – fear of being in dark places) and spiritual (*Theo phobia* – fear of religion or gods).

The first occurrence of the word “fear” is found in **Genesis 3:10**, when Adam, confessed to the Lord God, that he had disobeyed the Lords command, “*And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself.*” After the first sin was committed, fear entered the world.

The root concept behind fear is loneliness or a violation of ones person and the resulting consequences. To understand fear, one must have a proper understanding of sin. Sin, is disobedience and rebellion to the will and word of God. When Adam and Eve chose to disobey the word of the Lord, fear and sin became part of man’s nature, “*Behold, I was shapen in iniquity; and in sin did my mother conceive me.*” **Psalm 51:5**

When man sins (*disobeys*), the penalty for the sin is death of the soul and the body. “*Wherefore, as by one man sin entered into the world, and death by sin;*

and so death passed upon all men, for that all have sinned.” **Romans 5:12**

What Does Fear Produce?

Fear produces terror or extreme fear. There are many who apparently have nothing to fear, yet are live in a state of fear in their hearts and minds. The alcoholic and drug addict tries to drown their fear in alcohol and drugs. The workaholic may try to mask their fear by staying busy. The depressed reveal their fear by isolating themselves. The comedian suppresses their fears through laughter and entertainment. Fear of failure, commitment and low self-esteem wreck marriages and ruin families.

The problem is that all those who hide behind work, drugs, sexual impurity, etc. cannot hide the hurt, frustrations, and terror brought on by sin and ultimately the “*bondage of death.*” Because sin and fear are linked together, it is no wonder that many do not want to acknowledge their fears because to do so means they must admit that sin is present and if sin is present there is a need for a Deliverer, Savior and Prince of Peace, “*...preaching peace by Jesus Christ (he is Lord of all)*” **Acts 10:36**. “*And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus*” **Philippians 4:7** (NIV).

When we realize that fear is rooted in sin and our fallen nature, we must choose to repent of sin in our life

and *seek* the help of Jesus Christ or *reject* His help and continue in sin, and under the bondage of fear, “*we are by nature the children of wrath*” (**Ephesians 2:2**) “*...children of disobedience*” (**Colossians 3:6**). The ultimate judgment for those who live in a state of fear and will not allow The Lord Jesus to be their help and Savior is found in **Revelation 21:8** (NIV), “*But the cowards who turn away from me (fearful), and unbelievers, and the corrupt, and murderers, and the immoral, and those who practice witchcraft, and idol worshipers, and all liars—their doom is in the lake that burns with fire and sulfur. This is the second death.*”

The Solution

Since the beginning of time, God has wanted fellowship with mankind, His creation. Because sin separates humanity from the One and only Holy God (**Deuteronomy 6:4**), something had to happen to take away sins power and defeat fear. In his love for humanity, God made a way to defeat fear, “*But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us*” **Romans 5:8**. “*Forasmuch then as the children are partakers of flesh and blood, he (Jesus) also himself likewise took part of the same; that through death*