



# Spirit News

October 5, 2017

United Church of Christ of Seneca Valley  
An Open and Affirming Congregation  
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## Prayer Requests

- Pray for the Thomas family. Prayers for healing (Christii's neighbor).
- Pray for a friend of Helen's who has many health issues (anonymous).
- Pray for Deborah Barnes. Congratulations on her new job (anonymous).
- Prayer for my friend Caroline's family. Caroline passed away yesterday in Kenya (Maggie Nyamweya).
- Ongoing Prayer for my friend Bether who has been diagnosed with cervical cancer at Holy Cross hospital (Maggie Nyamweya).
- Ongoing Prayer for the pain and suffering of so many in our congregation, DC metro area, and those impacted around the world by disaster, catastrophe and hunger (Shelly Moore).
- Ongoing Prayer for Stephen to find a job closer to home to shorten his long daily commute (John Bartkowiak).
- Ongoing prayer for Helen for strength as she continues her 3<sup>rd</sup> fight against cancer (Dee Dee Molaski).
- Ongoing prayer for my aunt Jean who was recently diagnosed with terminal bladder cancer (Terri Molaski).
- Ongoing prayer for Laurene Karimi who is battling stage 3 breast cancer with so much courage (Terri Molaski).
- Ongoing prayer for Phyllis Anderson and family. Phyllis is declining with dementia. Surround her and her daughters who are caregiving. Please grant them patience and peace (Deb Anderson).
- Ongoing Prayer for Patti and Gary Dennison who are suffering through severe illness and very difficult times (Andrea Dennison).

- Ongoing Prayer for Michelle Cohen – Has multiple myeloma (Terri Molaski).
- Ongoing Prayer during my continued treatment and palliative care for cancer (Maridell Mason).

*Ongoing Prayer Requests: Please notify Nita at [uccsv@verizon.net](mailto:uccsv@verizon.net) should you wish to change your ongoing requests. **Please note that ongoing prayer requests sent anonymously will be removed in one month.***

## This Sunday at UCCSV

It's been a difficult week to process in the wake of the violence in Las Vegas, on top of multiple weeks of disaster and human suffering. Why come to church when the world feels like such a mess? Because it is the one place you are free to grieve or lament or be angry without judgement. It's the one place you are free to put down your burdens, anxieties, and exhaustion and have someone else carry them with you for awhile. It's a place where you might find some measure of healing in the embrace of community, the honesty of prayer, and the beauty of music. It's the one place where hope doesn't let go, no matter the mess. Saint Paisios of Mount Athos said, "What I see around me would drive me insane if I did not know that no matter what happens, God will have the last word." Church is the place that reminds us of this truth. This Sunday in worship we will spend some time healing. We will consider how to be grateful and find abundance in a time when worry and pain seems to have the upper hand as we begin our sermon series on the enemies of gratitude with Holly preaching. Guest musician Lee Krahenbuhl will accompany our music on guitar and play a few of his own pieces. Sunday School will be in session with the PreK-Elementary Schoolers

focusing on the story of Jacob from the Old Testament while the Middle/High Schoolers will explore the story of the covenant God made with Abram. There is Confirmation class after worship.

Take a moment of self-care and community-care this weekend and come to church. Let us find healing together.

## Unity Walk

There is an interfaith Unity Walk happening this Sunday, October 8th at Chinmaya Mission Washington Regional Center at 46 Norwood Road, in Silver Spring, starting with a Resource Fair at 1pm, Opening Ceremonies at 2pm, and the unity walk itself at 2:30pm. If you want to get to know our neighbors in Montgomery County of many faiths and unite with them in love and peace, this is the event for you!



## Ledo Pizza Night October 10

The second Tuesday of each month will now be UCC Seneca Valley night at Ledo Pizza on Wisteria Drive in Germantown. Ledo will give UCCSV a portion of its sales (between 10%-20% depending on the amount spent) from both eat in and carry out all day. You must present a flyer (available at church or at Ledos Tuesday evening starting at 5:30pm) to have your sale counted towards our total. Join us for an inexpensive, kid-friendly, evening out and help us raise some funds for UCCSV!

## Change in Soup, Salad, and Spirit

Due to Ledo's Pizza night being October 10th this month, Soup, Salad, and Spirit will now be moved to October 25th so that we are spacing out the nights you might be out of the house a week in order not to overload leaders or attenders. Look for more information on this month's Soup, Salad, and Spirit Wednesday evening dinner to come.

## Paint Night

Have you ever wanted to paint but were afraid you didn't have the talent or didn't know how?



Then Paint Night at UCCSV is for you! Friday, October 20th at 6:30pm we will be led by Tammy of *Painting With Friends by Tammy* to create a unique art piece on canvas. She will walk us through

how to create our work of art. Friends and family members are welcome to join us. It's a wonderful chance to have fun, be creative, and laugh with your fellow UCCSV's and their friends and family. And it's a fundraiser for the church. Participation is \$35 and includes all supplies. Sign up on our facebook page or tell us you will be coming so we know how many to plan for.

## New Members Class/UCCSV Orientation October 15 & 29

Are you new to UCCSV? Would you like to get to know more about the church? Thinking about maybe becoming a member? Then please join us for a New Members Class/UCCSV Orientation after church on October 15th and 29th. The first week we will spend some time getting to know each other, talking about our faith journeys and answering your burning questions. The second time we meet we give you more specific information about both the

United Church of Christ as a denomination and a more historical overview of UCCSV and give you a sense of how we are structured and what joining might mean for you. You do not have to join as a result of this class! But in order to join we ask that you at least attend one of the classes and if you have missed the other class that you speak briefly with Holly in order to make sure you have all you need to know to become a committed participant in our community. We will receive new members sometime in November depending on the best date for the largest number of participants.

## **UCC General Minister and President Responds to Grief of a Community, Nation, after Las Vegas Shooting**

October 02, 2017

Written by **Connie Larkman**

The leader of the United Church of Christ, saddened and sickened over the loss of life in a mass shooting Sunday night in Las Vegas, offers prayers for those killed, the injured, their families, the first responders on the scene, and those who continue to provide physical and pastoral care in that community.

At least 59 people were murdered and more than 500 injured after a gunman opened fire on an outdoor concert on the Las Vegas strip Sunday night, the deadliest mass shooting in modern American history.

"Every lost life is a name, a history, a hope, a story - an unfulfilled future," noted UCC General Minister and President John Dorhauer. "Every lost life leaves behind loved ones who mourn and grieve and piece together a future of their own torn asunder by matters we cannot

comprehend. I can't find words to capture this pain, this collective grief and anger. I cannot reach deep enough into my soul to express fully the pain, the anger, the rage, the confusion, the anxiety, the emptiness. When will it end?"

On Oct. 1, a 64-year old local man repeatedly fired into the crowd of 30,000 people at a country music festival, from a 32nd story window in the Mandalay Bay Hotel and Casino. The gunman was found dead, and while the Las Vegas sheriff hasn't yet established a motive for the shooting, investigators said at least 10 rifles were recovered from his room.

"Moved by grief, let us transform our pain into action," Dorhauer prayed. "Let us set our hearts and our minds and our hopes on a future of meaningful action that seeks to undo (violence like) this and restore onto us a tomorrow filled with hope and promise."

### **No Office Hours this Week**

Pastor Holly will not have Office Hours at Starbucks today, Thursday, October 5th, due to her attendance at the Carbon Footprint Workshop at 6pm this evening. Feel free to email or call to make an appointment if you need to speak with her.

### **Havruta**

Our adult bible discussion group on Sunday mornings at 9am is called Havruta, a Jewish term meaning that we seek to wrestle with God's word by studying, analyzing, and debating the text.

For this Sunday our focus will be on  
Philippians 4:1-9

## Volunteers Needed

Calling all Volunteers!  
We need your help.

Liturgists, Ushers and Havruta Leaders are needed for October and November.

Please sign up this Sunday on the bulletin board outside the church office.

As always, thank you for all you do!

Choir members are encouraged to sign up  
Youth are always welcomed



## Habitat for Humanity Wreath Sale!

It's not too early to be thinking about the holidays!!! UCCSV is participating in a wreath sale with our partners at Rockville United Church. Wreaths are \$30 each and the proceeds will go to Garrett County Habitat for Humanity. Your support of this Mission is always appreciated and benefits those in need of decent housing in Garrett County, MD.

To place an order see Tim Fuss. Orders are due by October 15.

For any questions please contact Tim Fuss at [TFussRN@gmail.com](mailto:TFussRN@gmail.com)

## The Lord's Table Soup Kitchen

The Lord's Table serves hot and nutritious meals at Saint Martin of Tours Church Hall at 201 S. Frederick Avenue, Gaithersburg, Maryland 20877. These meals provide sustenance for 40-100 people who are hungry and dealing with severe economic challenges and in many cases homelessness. The Lord's Table is a completely volunteer organization and operates solely on donations from businesses and individuals. Volunteers are always needed.

Meal preparation, servers and dishwashers are needed between 1-5:30 PM.

Volunteering involves: food preparation, vegetable beverage and pastry preparation, meal service, dish washing, scrubbing pots & pans or delivering food to assigned tables.

UCCSV volunteers serve on the fourth Tuesdays of each month from May- September and typical shifts are 2- 2 ½ hours. Volunteers bring their own clean aprons and hair covering (bandana, ball cap etc.)

***Do you want to volunteer? Please contact UCCSV's coordinator Ann Lowrey.***



## **Your Home, Your Yard: Steps You Can Take to Lower Your Carbon Footprint**

We are co-hosting a special workshop  
**Tonight, October 5th from 6-8pm.**

Ever wonder how your tiny carbon footprint really impacts the big picture of climate change? Though you might feel like your impacts are insignificant, the choices we make in our day-to-day life can play a major role in slowing climate change by changing economic markets and cultural norms.

This workshop will begin by reviewing the science of climate change and the urgency of action. We will then discuss the steps you can take to minimize your carbon footprint in your home and yard, from making your home more energy efficient and installing solar panels to maintaining healthy soils and plantings in your yard. Taken together, our actions make a positive impact on our world.

### **Speakers include:**

**David Fraser-Hidalgo:** State Delegate District 15  
**Sara Via:** PhD, Professor, University of Maryland, Climate co-lead, Chesapeake Physicians for Social Responsibility

**Randy Gentry:** Chair, Sierra Club Maryland Chapter subcommittee on energy efficiency and energy conservation

**Rev. Holly Jackson:** Pastor, United Church of Christ of Seneca Valley

Dinner will be provided. Event is free and open to the public.

Please Register at  
<https://www.eventbrite.com/e/your-home-your-yard-steps-you-can-take-to-lower-your-carbon-footprint-tickets-37789987871>

Event is sponsored by **Chesapeake Physicians for Social Responsibility, Sierra Club - Montgomery County Group, and Safe Grow Montgomery.**

## **Confirmation Class: Make A Difference For UCCSV's Youth**

This past Sunday we kicked off this year's confirmation class with 10 youth! We can't wait to see how this class evolves and what they learn and in turn teach us about God and community. Now it's time for you to become part of this amazing process. Sign up using the sign up genius to help provide lunch for our confirmands and teachers. Sign up to help lead a class (lessons and materials provided). Be sure to ask the confirmands what their experience has been so far and be sure to share with them a story of your faith journey. This is a church wide effort as these youth are all our children. Make a difference and get involved today!

<http://www.signupgenius.com/go/4090849a4a722a02-ways>



## **Free Flu Shots at UCCSV**

Join us on Sunday, October 15, when a Pharmacist from UltraCare Pharmacy of Germantown will be at UCCSV after service to administer free flu shots to anyone who would like one.

*"Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations . . . [T]he more people who get vaccinated, the more people will be protected from flu, including older people, very young children, pregnant women, and people with certain long-term health conditions who are more vulnerable to serious flu complications." - CDC Website*

## **Calendar of Events**

Confirmation Class (11:30am) –  
October 8 and October 22

Soup, Salad and Spirit (6:30pm) –  
October 11

New Member Class (11:30am) –  
October 15 and October 29

Paint Night (6:30pm) – October 20

Men's Breakfast (9:00am) – October 21

Social Action Committee Mtg. (11:30am) –  
October 22

PFLAG (2:30pm) – October 22

Lord's Table at St. Martins (1:00pm) – October 24

Ladies Night/Mamma Lena's (7:00pm) –  
October 30