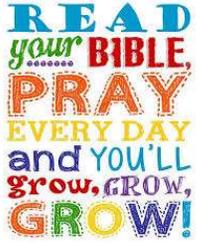


SEPTEMBER

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|--|---|
|  | Memory Verse: Lamentations 3:22-23 | 1 "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." - Matthew 11:28-29 | 2 "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." - Philippians 4:6-7 | 3 "Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go." - Joshua 1:9 Sing a song: Be Strong and Courageous https://youtu.be/ircA7u6Uxc | 4 "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight." - Proverbs 3:5-6 | 5 Family activity: Consider apple picking as an outing for your whole family to enjoy some time together, away from the pressures of school and work. Soak in his goodness and let him refresh your spirit. |
| 6 Day of Worship | 7 Memory Verse Lamentations 3:22-23: "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness." | 8 Memory Verse (Lam 3:22-23) "May our Lord Jesus Christ himself and God our Father, who loved us and by his grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word." - 2 Thessalonians 2:16-17 | 9 Memory Verse (Lam 3:22-23) Activity: around the breakfast, lunch, or dinner table, have each family member say or read the memory verse in a funny voice or accent. | 10 Memory Verse (Lam 3:22-23) "In my distress I called to the LORD; I cried to my God for help. From his temple he heard my voice; my cry came before him, into his ears." - Psalm 18:6 | 11 Memory Verse (Lam 3:22-23) "...but those who hope in the LORD will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint." - Isaiah 40:31 | 12 "Keep me as the apple of your eye; hide me in the shadow of your wings." - Psalm 17:8 |
| 13  | 14 Read your Bible: Genesis 37 "Restore to me the joy of your salvation and grant me a willing spirit to sustain me." - Psalm 51:12 | 15 Read your Bible: Genesis 39 Memory Verse (Lam 3:22-23) "...I have made you and I will carry you; I will sustain you and I will rescue you." - Isaiah 46:4b | 16 Read your Bible: Genesis 40 "For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope." - Romans 15:4 | 17 Read your Bible: Genesis 41 "Cast all your anxiety on him because he cares for you." - 1 Peter 5:7 | 18 Read your Bible: Genesis 45:1-8 "Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day." - 2 Corinthians 4:16 | 19 Another idea for the "Read your Bible" section is to read from a children's Bible or an easy-to-read version. |
| 20 Day of Worship | 21 Read your Bible: 1 Samuel 16:1-13 "The LORD delights in those who fear him, who put their hope in his unfailing love." - Psalm 147:11 | 22 Read your Bible: 1 Samuel 18:7-11, 19:1-10 "Your word is a lamp to my feet and a light for my path." - Psalm 119:105 Sing a song: Thy Word https://youtu.be/jlh4BHGkubA | 23 Read your Bible: 1 Samuel 23:7-14, 24:1-7 Memory Verse (Lam 3:22-23) "It is God who arms me with strength and makes my way perfect." - Psalm 18:32 | 24 Read your Bible: 1 Samuel 26:1-12 "I will refresh the weary and satisfy the faint." - Jeremiah 31:25 | 25 Read your Bible: 1 Samuel 26:13-24; 2 Samuel 2:7 "Sons are a heritage from the LORD, children a reward from him." - Psalm 127:3 |  |
| 27 Day of Worship | 28 Memory Verse (Lam 3:22-23) "And my God will meet all your needs according to his glorious riches in Christ Jesus." - Philippians 4:19 | 29 "Show me your ways, O LORD, teach me your paths; guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long." - Psalm 25:4-5 | 30 Sing a song: Jesus loves Me "The LORD your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing." - Zephaniah 3:17 |  | | |

God refreshes us each day because God is our Hope!