

May 2016 Newsletter

# First Antioch Interdenominational Church



Sunday Morning Worship\*\*\*\*\* 11:00 a.m

Sunday School\*\*\*\*\* 9:45a.m

Wednesday Night Bible Study \*\*\*\*\* 7:00pm

Saturday Morning Prayer\*\*\*\*\* 9:00a.m

“NEXT LEVEL”... Pray more, Seek more, Live more and Be more~ F.A.I.C 2016

# Mother's Day is Sunday, May 8, 2016

## 7 WAYS TO MAKE MOM HAPPY;

- ♥ Send Flowers...
- ♥ Give Her a Public Shout Out...
- ♥ Email Her a Photo of Something that Reminds You of Her...
- ♥ Buy Her Something She's Always Wanted...
- ♥ Send Her a Favorite Nostalgic Candy...
- ♥ Send Her a Note in the Mail...
- ♥ Take Her to Lunch or Brunch.

### **Most Gracious Heavenly Father,**

We thank You for our mothers to whom You have entrusted the care of every precious human life from its very beginning in the womb.

You have given to woman the capacity of participating with You in the creation of new life. Grant that every woman may come to understand the full meaning of that blessing, which gives her an unlimited capacity for selfless love for every child she may be privileged to bear, and for all Your children.

Watch over every mother who is with child, strengthen her faith in Your fatherly care and love for her and for her unborn baby. Give her courage in times of fear or pain, understanding in times of uncertainty and doubt, and hope in times of trouble. Grant her joy in the birth of her child.

To mothers You have given the great privilege and responsibility of being a child's first teacher and spiritual guide. Grant that all mothers may worthily foster the faith of their children, following the example of Mary, Elizabeth, and other holy women who follow Christ. Help mothers to grow daily in knowledge and understanding of Your Son, Our Lord Jesus Christ, and grant them the wisdom to impart this knowledge faithfully to their children, and to all who depend upon them.

Assist all "spiritual mothers", those who, though they may have no children of their own, nevertheless selflessly care for the children of others -- of every age and state in life. Grant that they may know the joy of fulfilling this motherly calling of women, whether in teaching, nursing, religious life, or in other work which recognizes and fosters the true dignity of every human being created in Your image and likeness.

We beseech You to send Your Holy Spirit, the Comforter, to all mothers who sorrow for children that have died, are ill or estranged from their families, or who are in trouble or danger of any kind. Help grieving mothers to rely on Your tender mercy and fatherly love for all your children.

We ask your blessing on all those to whom You have entrusted motherhood. May Your Holy Spirit constantly inspire and strengthen them. May they ever follow the example of Mary, mother of Our Lord, and imitate her fidelity, her humility, and her self-giving love. May all mothers receive Your Grace abundantly in this earthly life, and may they look forward to eternal joy in Your presence in the life to come.

We ask this through our Lord and Savior, Jesus Christ, who lives and reigns with You and the Holy Spirit, one God, world without end.

## May is also National Physical Fitness and Sports Month

Regular physical activity is good for everyone's health, and people of all ages and body types can be physically active. National Physical Fitness and Sports Month is a great time to spread the word about the benefits of getting active.

Here are just a few benefits of physical activity:

- **Children and adolescents** – Physical activity can improve muscular fitness, bone health, and heart health.
- **Adults** – Physical activity can lower the risk of heart disease, type 2 diabetes, and some types of cancer.
- **Older adults** – Physical activity can lower the risk of falls and improve cognitive functioning (like learning and judgment skills).

Communities, health professionals, and families can work together to create opportunities for everyone to get more physical activity.

Make a difference: Spread the word about fun ways to get moving!

# Bible Scavenger Hunt

Print cards on colored card stock. Use a different color for each level.

Name 5 of the Ten Commandments. Exodus 20:1-17  Level 2	Name Adam and Eve's first three children. Genesis 4:25  Level 2	What type of bird brought food to Elijah? 1st Kings 12:16-17  Level 2
How many loaves and fishes did it take to feed 5000 men plus women and children after Jesus blessed them? Mat 14:13-21 Level 2	Who was chosen to replace Judas as the twelfth disciple after Jesus was taken up into heaven? Acts 1:26 Level 2	Who wrote the book of Acts?  Level 2
What was Paul's Hebrew name?  Level 2	What is the last of the Ten Commandments? Exodus 20:1-17 Level 2	Who led the Israelites' exodus from Egypt?  Level 2
What is the fourth commandment? Exodus 20:1-17  Level 2	Whose donkey talked? Numbers 22-24  Level 2	Where was Jesus born?  Level 2

Game Cards for "Through The Bible File Folder Game" © HeartofWisdom.com

# UPCOMING EVENTS

♥Prayer Breakfast hosted by the Missionary and Outreach Ministry

Speaker: Apostle John F. Benton (Words of Restoration Ministries of Gastonia)

When: May 14, 2016

Where T. Jeffers Community Center 196-198 Whitener Ave. Gastonia, NC 28052

Time: 9am-12pm

♥May 15,2016- Honoring all graduates (college, high school, etc.)

♥May 21- Aging with Grace (Senior outing)

♥May 24-26 Outreach Ministry Tent Revival held at Erwin Center



May 5- Alysha Floyd

May 26- Emari Phillips



We are still accepting donations for the Pew Rally (\$150 a pew)



Sick & Shut In



Please remember to pray for and visit or call our members that are sick, shut-in, or hospitalized.

Need a domestic helper (elderly sitting, cleaning, and babysitting)???

Please call Inez Fuller @ [704-756-0207](tel:704-756-0207)

Anyone wanting to advertise their services, please contact Dee Thompson