

The Parish Light

The Parish of the Northern Lights Newsletter ~ July 2018



Together We Are Canada

by Leanne Guenther

My name is British Columbia
The jewel of the West Coast.
Forestry and fishing are
The things that I do most.

Hi, I am Alberta
A wild west kind of place
With cows and oil and mountains
And lots of open space.

I am Manitoba
And I'm Saskatchewan
We're the golden prairies
Where fields of wheat grow in the sun

Hi, I am Ontario
The home of government
To me each year the leaders
Of our democracy are sent.

Bonjour, I am Quebec
Here French is my language too
When I want to ask "how are you?"
I say, "comment allez vous?"

Newfoundland, New Brunswick
And Nova Scotia — those are we,
We are Atlantic Provinces
The three musketeers of the sea.



I'm Prince Edward Island
And I know I may be small
But without me all the rest of you
Would have no potatoes at all.

The Yukon, Nunavut and North West
Territories are up north.
Through ice and cold and polar bears
Few brave souls venture forth.

Together we are Canada
One nation strong and free
With sharing, friends and happiness
Forever we will be!

Good Morning

Good morning. I am God. Today I will be handling all of your problems.

Please remember that I do not need your help. If the devil happens to deliver a situation to you that you cannot handle, do not attempt to resolve it. Kindly put it in the SFJTD (something for Jesus to do) box. It will be addressed in MY TIME, not yours.

Once the matter is placed into the box, do not hold on to it or remove it. Holding on or removal will delay the resolution of your problem.

If it is a situation that you think you are capable of handling, please consult me in prayer to be sure that it is the proper resolution.

Because I do not sleep nor do I slumber, there is no need for you to lose any sleep. Rest my child.

If you need to contact me, I am only a prayer away.

- Author Unknown



You Prayed for Me

You did not know my need, or that my heart was sore indeed,
Or that my fears I could not quell, but you sensed that something wasn't well.
And so, you prayed for me.

My path had turned from light to black, they seems to be no turning back,
Then in my loneliness I felt God was near, as down the road a light dawned clear.
Because you prayed for me.

And as your prayer to heaven soared , God did on me a blessing pour ~

The day you prayed for me.

Attitude

The 92 year-old petite, well-poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coifed and makeup perfectly applied, even though she is legally blind, moved to a nursing home today.

Her husband of 70 years passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready. As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheets that had been hung on her window.

"I love it," she stated with the enthusiasm of an 8-year-old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room . . . just wait."

"That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged. It's how I arrange my mind. I already decided to love it. It's a decision I make every morning when I wake up. I have a choice.

I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I have stored away just for this time in my life.

Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories. And thank you for your part in filling my memory bank. I am still depositing."

Remember the five simple rules to be happy:

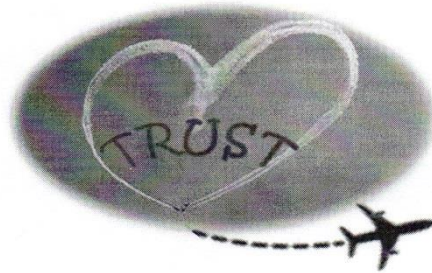
1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.





You're Invited to Join Us!

Vacation Bible School



Hosted by St. Andrew's Zion, Colinton

August 20-24 2018, 9am - Noon

All Children Aged 12 & Under Welcome!

Join us for - Learning, Singing, Crafts, Games and Much More!

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Saturday, August 18th - Everything Sale & Free Vegetable Table

Find those unusual things you can't do without !!

St Andrew's Zion Church, Colinton from 9:00 am to 2:00 pm

Bring your extra zucchini here !!

