

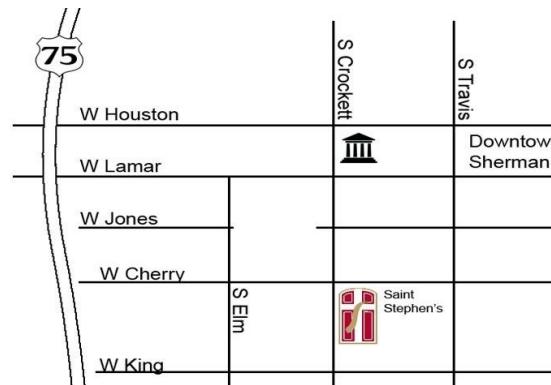
## Praying with Beads

Using a string of beads in prayer is one of the more ancient Christian spiritual practices. It's a very tactile method of praying, and also assists us in focusing during prayer through the reputation and hands on experience. In fact, the English word "Bead" comes from the older "Bede" which means prayer! This is how closely the two ideas were combined.

There are a variety of types of prayer beads, but there is also one unique version that is popular in the Anglican Communion and the Episcopal Church. This consists of a Cross or Crucifix connected to a large bead called an "Invitatory Bead", and a series of four large beads (Cruciforms) and four sets of seven smaller beads (Weeks). One strength of the Anglican Prayer Beads is its flexibility! This pamphlet only contains several options for use, but many more can be found elsewhere.

Each prayer begins at the Cross, moves to an Invitatory, then goes around the circle with the Cruciforms and Weeks. Just place your fingers on the start and move them around the beads until you complete the prayers.

This practice is not for everyone, but many do find it extremely helpful in their devotion to Jesus.



401 S. Crockett, Sherman, TX

(903) 892-6610

[www.saintstephenssherman.org](http://www.saintstephenssherman.org)

[Sunday Christian Education](#)

Christian Formation (All Ages) 8:30<sup>AM</sup>

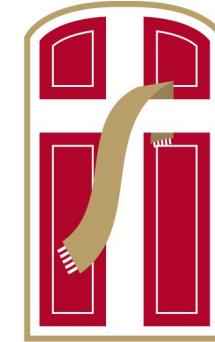
[Sunday Worship](#)



[Historic Faith](#)

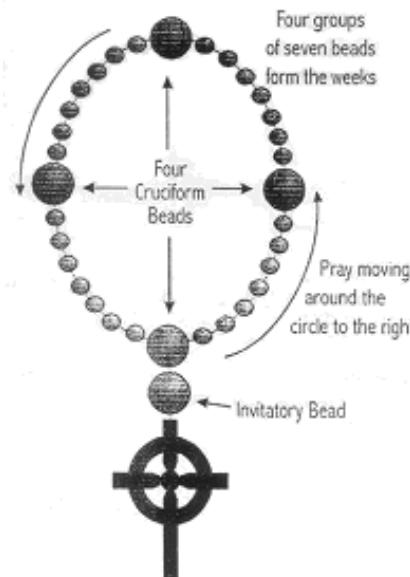
[Sustaining Love](#)

## ANGLICAN PRAYER BEADS



**ST. STEPHEN'S**  
EPISCOPAL CHURCH  
TO BE FULL OF FAITH AND THE HOLY SPIRIT (ACTS 6:5)

# The Beads



# Prayers

## MORNING DEVOTION

### The Cross

Glory to the Father, and to the Son, and to the Holy Spirit. as it was in the beginning, is now, and will be forever. Amen.

### The Invitatory

O Lord, open thou our lips. And our mouth shall show forth thy praise.

### The Cruciforms

O come, let us sing unto the Lord; let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving and show ourselves glad in him with psalms.

### The Weeks

Worship the Lord in the beauty of holiness: O come, let us adore him.

## EVENING DEVOTION

### The Cross

Glory to the Father, and to the Son, and to the Holy Spirit. as it was in the beginning, is now, and will be forever. Amen.

### The Invitatory

The Lord Almighty grant us a peaceful night and a perfect end. Amen.

### The Cruciforms

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

### The Weeks

1. Into thy hands, O Lord, I commend my spirit;
2. For thou hast redeemed me, O Lord, O God of truth.
3. Keep us, O Lord, as the apple of thine eye;
4. Hide us under the shadow of thy wings.
5. Lord, have mercy.
6. Christ, have mercy.
7. Lord, have mercy.

## TRISAGION AND JESUS PRAYER

### The Cross

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

### The Invitatory

O God make speed to save me, O Lord make haste to help me, Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

### The Cruciforms

Holy God, Holy and Mighty, Holy Immortal One, Have mercy upon me.

### The Weeks

Lord Jesus Christ, Son of God,  
Have mercy on me, a sinner

## AGUS DEI

### The Cross

Our Father...

### The Invitatory

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.

### The Cruciforms

O, Lamb of God that taketh away the sins of the world have mercy upon us,  
O, Lamb of God that taketh away the sins of the world have mercy upon us,  
O, Lamb of God that taketh away the sins of the world grant us thy Peace.

### The Weeks

Almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us. Amen.

## CELTIC

### The Cross

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

### The Invitatory

O God make speed to save me, O Lord make haste to help me, Glory to...

### The Cruciforms

Be the eye of God dwelling with me, The foot of Christ in guidance with me, The shower of the Spirit pouring on me, Richly and generously.

### The Weeks

1. I bow before the Father who made me,
2. I bow before the Son who saved me,
3. I bow before the Spirit who guides me,
4. In love and adoration.
5. I praise the Name of the one on high.
6. I bow before thee Sacred Three,
7. The ever One, the Trinity.