Introduction:
A. Hopefully we can leave today more ______________ and more _____________ to win the battle against temptation.

I. The _____________ of Temptation
A. Temptation __________ us ________.
B. Temptation itself is not a _______. (Heb. 4:15)
C. Temptation is ______________.

II. The _____________ for Temptation
A. First, Recognize the ______ of temptation.
   1. “You are too _________ to allow yourself to give into temptation.” (1 Cor. 10:12)
   2. “No one else _________ the _________ of temptation you have to face.” (1 Cor. 10:13a)
   3. “You didn’t have a _________.” (1 Cor. 10:13)
B. Second, ___________ It. (Luke 4:13)
C. Third, ________ God’s ___________. (Heb. 4:15-16)
D. Fourth, Recognize your _____________ of temptation.
E. Fifth, ________ Scripture. (Ps. 119:9, 11)
F. Sixth, ________ your ____________ on something else.
G. Seventh, ________ your ____________ to a godly friend or support group.
H. Eighth, Remember the ________________ of ________.
I. Ninth, Realize the ________________ of God.
J. Tenth, If all else fails…_______! (1 Cor. 6:18; 2 Tim. 2:22)

Conclusion: Two Examples
A. An example from the ancient past is ____________.
B. An example from the recent past is __________ ____________.