Hope: The Anchor of God’s Promises
“You Have a Savior Who Understands You and Can Help You, I Promise!”
Hebrews 4:14-16
David Owens, 5/10/20

A. Sometimes we need a good __________ who will just help us ________.
   1. Other times we need a good friend who can help us in many ________ _____.
B. Today’s sermon, along with the next few sermons, will contain promises that assist
   us in winning the ____________ battle over our enemy, the ________.
C. Max Lucado effectively opens his chapter on this promise with an illustration from
   college women’s ____________.
   1. Sara Tucholsky hit a _____ run home run, and as she rounded first base she
      ________ her ________.
D. This story easily illustrates how we have spiritually _________ and _________, and
   are ________ to get from where we are to where we want to be.
E. A truly mind-blowing thought: Our Savior ___________ us, He ____ us (Hb. 4:15)
F. The “Incarnation” is the spectacular ________ that God, for a time, became _____ of
   us (John 1:14).
G. Jesus was fully ________ and fully ________, and because of the first, we can
   ________ ________, and because of the second, we ________ Him (Col. 1:15-16)
H. Jesus may have looked ________, but those nearest to Him knew that He was
   prone to ________ exclamations and activities (Mt. 8:27).
I. In spite of Jesus’ lofty _________ and unlimited ________, He was willing for a
time to forgo the privileges of divinity and enter humanity.
J. Jesus understands our __________ pangs and our __________ struggles, because
   He had a human body and He did spiritual battle while living in this world.
K. Some have pointed to the ____________ of Jesus and have questioned His ability
to fully __________ us.
L. Consider how Jesus may have felt the ________ of ________ even more than we do.
M. Jesus volunteered to experience the total _____________ of sin (2 Cor. 5:21).
N. As sinners, we need to know that we are ___________ to __________ our Savior
   and High Priest when we are in need.
O. Because Jesus was ___________, He ____________ us, and because Jesus is
   ________, he can __________ us.
P. Jesus _______ for us what Mallory Holtman _____ for Sara Tucholsky in the
   softball story we talked about earlier in the sermon.
   1. Mallory and her shortstop ________ _____ Sara and ________ her around
      the bases, lowering her so she could touch each one.
Q. God wants to pick us up and carry us _________. if we will let him.
R. Write: “I have a Savior who understands me and will help me.”

Answer Key:  A. friend, cry.  A.1. other, ways.  B. spiritual, devil.  C. softball.  C.1. three, tore,
ACL.  D. tripped, fallen, helpless.  E. understands, gets.  F. truth, one.  G. human, divine, draw,
near, worship.  H. human, divine.  I. position, power.  J. physical, spiritual.  K. sinlessness,
understand.  L. force, sin.  M. consequences.  N. welcome, approach.  O. human, understands,
divine, help.  P. does, did.  P.1. picked, up, carried.  Q. home.