

“Our Survival Kit”

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Philippians 4:4-7

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Introduction:

- A. What kinds of things do you find in a _____ in a life raft?
- B. Our Christian survival kit is made up of a core of _____ characteristics.
- C. Paul shared with the Philippians three, simple elements of _____ that would guide them to survival in the midst of their challenges.

I. Be _____ . (Phil. 4:4)

- A. Let’s notice an important principle: Paul commanded them to be _____.
- B. Joy, like peace, is not the absence of trouble, but the presence of _____.
- C. Our Lord is so _____, He has done such great things and has given such wonderful _____, that when we focus on those things they cause us to rejoice and be glad.

II. Be _____ . (Phil. 4:5)

- A. The Greek word the NIV translates “gentleness” is difficult to translate into one _____ word.
- B. William Barclay chose two words to capture the meaning — _____.
- C. Paul was calling the Philippians to treat people with gentleness, _____, and _____.
- D. We live in a time and culture that has lost touch with gracious gentleness and _____.
- E. Paul tied gracious gentleness to the Lord’s _____.
- F. The nearness of the Lord creates _____ and gives us the _____ for self-control.

III. Be _____ . (Phil. 4:6-7)

- A. Paul shared the secret to having a _____ life.
- B. Paul’s answer for the problem of worry and anxiety is _____.
- C. What Paul had in mind is the serious business of _____ and _____ our lives before God.
- D. This is an expression of _____ in the Lord.
- E. God’s peace will _____ our hearts and minds.

Conclusion:

- A. The story of Horatio and Anna _____ - “It is _____ with _____.”

Answer Key: Intro.A. survival, kit. B. Christ-like. C. character. I. Joyful. I.A. joyful. I.B. God. I.C. good, promises. II. Graceful. II.A. English. II.B. gracious, gentleness. II.C. patience, graciousness. II.D. civility. II.E. nearness. II.F. accountability, ability. III. Peaceful. III.A. worry-free. III.B. prayer. III.C. bringing, living. III.D. trust. III.E. guard. Concl.A. Spafford, Well, My, Soul.