Joy for the Journey - A Study of Philippians

“Our Survival Kit”

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Philippians 4:4-7

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Introduction:

A. What kinds of things do you find in a ___________ _______ in a life raft?

B. Our Christian survival kit is made up of a core of ___________ characteristics.

C. Paul shared with the Philippians three, simple elements of ___________ that would guide them to survival in the midst of their challenges.

I. Be ____________. (Phil. 4:4)

A. Let’s notice an important principle: Paul commanded them to be ________.

B. Joy, like peace, is not the absence of trouble, but the presence of ________.

C. Our Lord is so ________, He has done such great things and has given such wonderful __________, that when we focus on those things they cause us to rejoice and be glad.

II. Be ___________. (Phil. 4:5)

A. The Greek word the NIV translates “gentleness” is difficult to translate into one ________ word.

B. William Barclay chose two words to capture the meaning — ______________ _________.

C. Paul was calling the Philippians to treat people with gentleness, ________, and ____________.

D. We live in a time and culture that has lost touch with gracious gentleness and ____________.

E. Paul tied gracious gentleness to the Lord’s _____________.

F. The nearness of the Lord creates ____________ and gives us the __________ for self-control.

III. Be ____________. (Phil. 4:6-7)

A. Paul shared the secret to having a ___________ life.

B. Paul’s answer for the problem of worry and anxiety is _____________.

C. What Paul had in mind is the serious business of ___________ and ________ our lives before God.

D. This is an expression of ________ in the Lord.

E. God’s peace will __________ our hearts and minds.

Conclusion:

A. The story of Horatio and Anna ____________ - “It is ________ with ________ ________.”