Series: Embracing and Employing Our Emotions

“The Green-Eyed Monster”

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Hebrews 13:5-6

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A. The green-eyed monster has to do with the emotions of _______ and _______.
B. They are commonly used interchangeably, but they are two _______ _______.
C. _______ is the desire for someone or something that _______ to someone else.
D. _______ is the desire to _______ someone or something that belongs to you.
E. Although jealousy can apply to our jobs, possessions, or reputations, it is mostly used for the fear that the affections of a loved one might be _______ to a _______.
F. This is what is meant when the Bible says that God is a _______ God - God rightfully does not want to lose our affection to His rival - _______, or to anything.
G. While God’s jealousy toward us is _______, our envy and jealousy is often not.
H. If we couldn’t feel jealousy or envy, then we might be oblivious to certain relationships that need to be _______, or lack the _______ to grow and do our best.
I. As valuable and helpful as these emotions can be, they also have the potential of leading to _______ behavior.
J. The Bible makes it clear that allowing jealousy and envy to control us is ________ in many ways (Gal. 5:19-21, 26; 1 Cor. 3:3; 13:4; James 3:14-16; 2 Cor. 12:20).
K. The Bible has numerous examples of people who struggled with jealousy and envy.
   1. ____________ (Genesis 4)
   2. ____________ ____________ (Genesis 37)
   3. King ____________ (1 Samuel 15-31)
   4. ____________ and ____________ (Acts 5)
L. What should we do with our feelings of jealousy and envy?
   1. Be _______ of our _________.
   2. Ask: _______ we are _________ this way?
   3. We need to go to _______ for _________.
M. It is important for our minds and hearts to be focused on God, God’s ________, and the things that God _________.
N. Each of us is a _______ and _________ creation of God.
O. We can counteract jealousy and envy by cultivating ____________.
P. The Bible encourages us to cultivate a lifestyle of ____________ (1 Tim. 6:6-8; Heb. 13:5; Proverbs 14:30).
Q. Contentment is not _______ what we _______, but _______ what we _______.
R. Story of two men in the ________ with one ________.
S. Real happiness is found in our relationship with God and in being _________ with _______ we are and _______ we have.