

SPEAK LIFE - Speaking Words that Heal, not Hurt

“Heart Talk - The Tongue Reveals the Heart”

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Matthew 12:33-37

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Introduction:

- A. The problem with _____ and our tongues is they have one thing in common - _____.
- B. In Matthew 12:33-37, Jesus made three significant points about our speech:
 - 1. Our speech _____ us.
 - 2. Our speech reveals our _____.
 - 3. We will be _____ by our speech.
- C. Step 1 in transforming our speech is to focus on the problem from the _____.

I. The _____ Heart

- A. Spiritually speaking, pride is the elevation of _____ at the expense of _____.
- B. Pride is directly connected with negative speech patterns in a variety of ways (Prov. 8:13; 10:18; 13:10; 18:2; 19:1; 20:3; 29:11; Ps. 10, 12, 59, 73:6-11; Rom. 1:29-30).
- C. How can we begin to move from a proud heart to a _____ heart?
 - 1. We can remember _____ in charge.
 - 2. We can _____ for a humble heart.
 - 3. We can pay more _____ to our own faults than to the flaws of others.
 - 4. We must not hide behind our _____—it’s pride’s favorite hiding place.
 - 5. We can actively submit to _____, both the good and the bad.
 - 6. We can accept a _____ place.
 - 7. We can choose to _____ others.
 - 8. Finally, we can cultivate a _____ heart.

II. The _____ Heart

- A. Although anger is vented in many ways, it is often expressed through our _____.
- B. The tongue’s response to an angry heart shows up in many ways (Prov. 10:12, 18; 15:18; 24:28-29; 29:22; 30:33).
- C. How can we begin to move from an angry heart to a _____ heart?
 - 1. We can own up to our anger problem, by _____ to God that we have a problem.
 - 2. We can _____ God to uproot any bitterness in our soul.
 - 3. We can sincerely pray for any person we are holding a _____ against.
 - 4. We can _____ on God to bring healing to our wounded and bitter heart.
 - 5. We can _____ about things that are wholesome and pleasing to the Lord.
 - 6. We can strive to fully deal with _____ day’s anger.

III. The _____ Heart

- A. Fear can _____ us and lead us into many sins, including sins of the _____ (Num. 14:9-10; Mt. 26:59-61; 73-74; Jn. 8:44-45).
- B. How can we begin to move from a fearful heart to a _____ heart?
 - 1. We can adopt a correct view of _____ (Lam. 3:22-23; Isa. 40:29; 43:1-2).
 - 2. We can revise our false _____ (2 Cor. 3:5; Phil. 4:13; Phil. 4:6).
 - 3. We can _____ honestly (Ps. 34:4; 55:22; 1 Pet. 5:7; Phil. 4:6-7)

Conclusion: Spiritual heart transplants are available (1 Sa. 10:9; Ps. 51:10; 2 Cor. 5:17)

Answer Key: Intro.A. dandelions, roots. B.1. identifies. B.2. hearts. B.3. judged. C. inside, out. I. Proud. I.A. self, God. I.C. humble. I.C.1. who’s. I.C.2. pray. I.C.3. attention. I.C.4. dignity. I.C.5. authority. I.C.6. lowly. I.C.7. serve. I.C.8. grateful. II. Angry. II.A. words. II.C. forgiving. II.C.1. confessing. II.C.2. ask. II.C.3. grudge. II.C.4. rely. II.C.5. think. II.C.6. each. III. Fearful. III.A. cripple, tongue. III.B. peaceful. III.B.1. God. III.B.2. beliefs. III.B.3. pray.