

“New Year, New You”

Ephesians 5:15-17

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Introduction:

- A. One tradition of the new year is making _____.
- B. Ephesians 5:15-17 is a passage that can _____ us as we move through this new year.

I. Time is _____.

- A. Psalm 39:4; 90:10
- B. Neither you nor I have a guarantee of even _____ more _____.
- C. Our time on earth is valuable because it is _____.

II. Make the _____ of Every _____.

- A. Satan is a _____.
- B. Sometimes even _____ things can make time demands that cause us to neglect _____ and more _____ things.
- C. Remember Jesus and _____ and _____ (Lk. 10:40-42).
- D. Dr. Richard Swenson wrote a book called “The _____ Syndrome.”
 - 1. We’re overloaded with _____.
 - 2. We’re overloaded with _____.
 - 3. We’re overloaded with _____.
 - 4. We’re overloaded with _____.

III. Understand the Lord’s _____ and _____ It.

- A. What do you think God’s _____ is for you this _____?
- B. Two Suggestions:
 - 1. Establish _____.
 - a. The priority of our _____ with _____.
 - b. The priority of our _____.
 - c. The priority of our _____.
 - d. The priority of our _____ and _____.
 - 2. Live _____ at a Time.
 - a. The two greatest enemies for living in the present are the _____ of the past and the _____ about the future.

Conclusion:

- A. Quote: “The object of a new year is not that we should have a new year, but that we should have a new _____.”
- B. How wonderful that a new _____ can bring a new _____!

Answer Key: Intro.A. resolutions. B. guide. I. Limited. I.B. one, day. I.C. limited. II. Most, Opportunity. II.A. thief. II.B. good, better, important. II.C. Mary, Martha. II.D. Overload. II.D.1. commitments. II.D.2. possessions. II.D.3. work. II.D.4. information. III. Will, Do. III.A. will, year. III.B.1.priorities. III.B.1.a. relationship, God. III.B.1.b. families. III.B.1.c. health. III.B.1.d. work, service. III.B.2. One, Day. III.B.2.a. regrets, anxieties. Concl.A. soul. B. year, you.