

this month's lunch menu for St. John Lutheran School



*Denotes extra entree offered; Extras \$0.75 (deducted from lunch account; students must have a positive lunch balance to purchase extras)

Oct. 1-2	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate: PB&J				Ravioli Peas Fruit Teddy Grahams	Cheese Pizza Mixed Vegetables Fruit Goldfish Crackers
Oct. 5-9	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate: Pork Fritter/Bun	Hot Dog* or Coney* Cooked Carrots Fruit Birthday Cake	Chicken & Noodles Green Beans Fruit Yogurt	Sausage Links Hash Brown Fruit Pancakes*/Syrup	Pizza Burgers* Tossed Salad Fruit Brownie	Chicken Strips* Peas Fruit Baked Beans
Oct. 12-16	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate: Hamburger/Bun	Mozzarella Cheese Sticks* w/ Marinara Sauce Corn Fruit Cookie	Grilled Chicken/Bun* Tossed Salad Fruit Macaroni & Cheese	E-Learning Day No School Lunch	No School-Fall Break	No School-Fall Break
Oct. 19-23	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate: Chicken Nuggets	Sloppy Jo/Bun* Oven Fries Fruit Cottage Cheese	Doritos Locos Taco Salad (meat, chips, lettuce, cheese, salsa, sour cream) Refried Beans Fruit Cookie	Spaghetti w/ Meat Sauce Green Beans Fruit Garlic Bread	Grilled Cheese* Peas Fruit Pudding	Chili Cheese Fries Cooked Carrots Fruit Brownie
Oct. 26-30	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate: Corn Dog	Fish/Bun* Corn Fruit Hush Puppies	Cheese Ravioli in Marinara Sauce Tossed Salad Fruit Breadstick	Turkey Manhattan Mashed Potatoes Fruit Apple Crisp	Chili Soup w/ Crackers* Cooked Carrots Fruit ½ PB/Syrup Sandwich	Pulled Pork/Bun* Baked Beans Fruit Chips Carrots w/ Ranch Dressing

Microwaves will not be available to warm foods brought in packed lunches

Oh, give thanks unto the Lord, for He is good, for His mercy endures forever. Psalm 107:1

**this institution is an equal opportunity provider*