

this month's lunch menu for St. John Lutheran School



*Denotes extra entree offered; Extras \$1.00 (deducted from lunch account; students must have a positive lunch balance to purchase extras)

Feb. 1-5	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Alternate:</u> (replaces main entrée only): PB&J* or Corn Dog*	<u>Main:</u> Chicken Nuggets* <u>Vegetable:</u> Baked Beans <u>Fruit:</u> Banana <u>Extra:</u> Vanilla Pudding	<u>Main:</u> Cheeseburger/Bun* <u>Vegetable:</u> Oven Fries <u>Fruit:</u> Pears <u>Extra:</u> Sunflower Seeds	<u>Main:</u> BBQ Pulled Pork/Bun* <u>Vegetable:</u> Coleslaw <u>Fruit:</u> Peaches or Raisins <u>Extra:</u> Chips	<u>Main:</u> Sausage Links*/Biscuits & Gravy <u>Vegetable:</u> Hash Brown <u>Fruit:</u> Mixed Fruit <u>Extra:</u> Muffin	<u>Main:</u> Stuffed Crust Pizza* <u>Vegetable:</u> Corn <u>Fruit:</u> Applesauce or Raisins <u>Extra:</u> Fruit Snacks
Feb. 8-12	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Alternate:</u> (replaces main entrée only): PB&J* Or Chicken Patty*	<u>Main:</u> Salisbury Steak/Bun <u>Vegetable:</u> Green Beans <u>Fruit:</u> Mixed Fruit <u>Extra:</u> Yogurt	Snow Day	<u>Main:</u> Grilled Chicken/Bun* <u>Vegetable:</u> Tossed Salad <u>Fruit:</u> Pears <u>Extra:</u> Vanilla Pudding	<u>Main:</u> Sloppy Jo/Bun* <u>Vegetable:</u> Cooked Carrots <u>Fruit:</u> Peaches <u>Extra:</u> Cottage Cheese	<u>Main:</u> Chili Cheese Fries <u>Vegetable:</u> Corn <u>Fruit:</u> Applesauce <u>Extra:</u> Goldfish Pretzels
Feb. 15-19	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Alternate:</u> (replaces main entrée only): PB&J* Or Breaded Tenderloin	Snow Day	Snow Day	<u>Main:</u> Pizza Burgers* <u>Vegetable:</u> Green Beans <u>Fruit:</u> Applesauce <u>Extra:</u> Fruit Snacks	<u>Main:</u> BBQ Chicken/Bun* <u>Vegetable:</u> Cooked Carrots <u>Fruit:</u> Pears <u>Extra:</u> Graham Snack	<u>Main:</u> Chicken Burrito* <u>Vegetable:</u> Refried Beans <u>Fruit:</u> Mixed Fruit <u>Extra:</u> Cookies
Feb. 22-26	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Alternate:</u> (replaces main entrée only): PB&J* Or Hot Dog*	<u>Main:</u> Hot Ham/Cheese* <u>Vegetable:</u> Corn <u>Fruit:</u> Banana <u>Extra:</u> Yogurt	<u>Main:</u> Chicken Patty/Bun* <u>Vegetable:</u> Coleslaw <u>Fruit:</u> Mixed Fruit <u>Extra:</u> Goldfish Pretzels	<u>Main:</u> Chili Soup/Crackers* <u>Vegetable:</u> Cooked Carrots <u>Fruit:</u> Pears <u>Extra:</u> ½ PB/Syrup Sandwich	<u>Main:</u> Breaded Pork Tenderloin <u>Vegetable:</u> Peas <u>Fruit:</u> Applesauce <u>Extra:</u> Vanilla Pudding	<u>Main:</u> Spaghetti w/ Meat Sauce <u>Vegetable:</u> Green Beans <u>Fruit:</u> Peaches <u>Extra:</u> Garlic Bread



- All lunches include milk.
- Microwaves will not be available to warm foods brought in packed lunches

Oh, give thanks unto the Lord, for He is good, for His mercy endures forever. Psalm 107:1

**this institution is an equal opportunity provider*

