

STRENGTH

Scripture: *“I can do all things through Christ who strengthens me.”* **Philippians 4:13**

Have you ever found yourself pondering or meditating over God’s word and asking Him for strength, and wisdom, for a situation?

Philippians 4:13 reminds us of who strength we are really to rely on. In life, we have limitations. However, Jesus Christ is limitless. One must ask ‘how does my life represent this strength over evil and by what I do?’ Jesus says we are the light of the world, as light dispels the darkness. **James 4:7** says we are to ‘*SUBMIT* to God and *RESIST* the devil, then he must flee!’

Light dispels darkness. It is just a proven fact. Our Godly living will be the best way to rebuke the words, and works, of the enemy. So how is this strength expressed by what I say? Well according to Jesus in **Matthew 12:37** it is by our words that we will be justified and by our words we will be condemned. When Peter followed the arrest of Jesus, it was the words and speech of Peter that betrayed the Lord. Therefore ask yourself this question. How I exercise His strength by what I dare to proclaim in the midst of others regarding the name of Jesus?

Answer that question is key, but the apostle Paul gave a rubric to follow in Philippians 4. *“Be anxious for nothing, but in everything, by prayer and supplication, with thanksgiving, let your requests be made known to God, and the peace of God which surpasses all understanding, will guard your hearts and minds through Christ Jesus”* (**Philippians 4:6-7**)

Prayer: Lord, keep us aware of the power we have through the Holy Spirit. It is in your strength we are able to accomplish all things. In Jesus name, Amen!

Written by: Sheila Briggman

