

Calamity to Calm

Scripture: *“I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don’t be troubled or afraid.”* **John 14:27** (NLT)

Have you ever found yourself praying: “Father, each day has too much responsibility for me! My head is spinning with frustrations! Some days I feel I’m doing more than my fair share. Lord, please keep my attitude right. I’m overwhelmed and discouraged. At night, Lord I need deliverance from rehearsing that, which for now, cannot be altered in my days!” You may not have prayed exactly these words, but can you relate to the message behind each one of these type statements?

In searching the scriptures for God’s guidance and encouragement, I found Mark 4:35-40. To set this story up, let me first say that even though Jesus was IN the boat, the disciples did not feel like He was being much help on this sinking Titanic. Notice what Mark records.

³⁷ And a great windstorm arose, and the waves beat into the boat, so that it was already filling. ³⁸ But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, “Teacher, do You not care that we are perishing? ³⁹ Then He arose and rebuked the wind, and said to the sea, “Peace, be still!” And the wind ceased and there was a great calm.

God is creator, not an aloof being that is not concerned about our guidance, help, or hope. He is awake to all our needs. He is our companion that **never leaves** or **forsakes us**. Jesus truly is the peace speaker!!!

Prayer: *Lord, in your peace I shall **both** lie down and sleep, for you **alone**, Lord makes me secure (Ps. 4:8). In Jesus name, Amen!*

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