

Battle of the Mind

Scripture: "And be not conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good, and acceptable, and perfect will of God."

Romans 12:2

What a verse! The verse, which is the writings of Paul to the church at Rome, reveals where most of our struggles begin and ultimately end, the mind! Let's break down what the apostle Paul was really saying into bite size nuggets. As a wise proverb once said, 'you can't eat an elephant in one bite, but can if you do it one bite at a time!'

Paul first states for us to '*not be conformed to this world.*' Why? Because evil is the ruler of this world. You are not to just be reformed only, but rather have a complete transformation of the way you think. Joyce Meyer wrote a best selling book on this same idea. The battlefield is in our minds due to the way we process, think, and react based on these findings. This mindset change will help you to believe what is true, noble, and of good reports rather than the lies of the devil. This is a process, but a essential change.

Secondly, Paul says for us 'to prove what is that good, acceptable, and perfect will of God.' The message Paul is teaching the church at Rome is simple. Quit letting the focal point be on the evil and negativity. Start focusing on the positives. Promote the one and only, true and loving father, who is Lord of everything. Don't let the devil win by having lordship and control of your mind. Take every thought captive and allow the grace of God to give you a different perspective. It takes obedience, which is hard, but you must remember that obedience is better than sacrifice.

Prayer: Father, please help me to take every thought captive. Renew my mind to match yours. Give me the power to fight back in the battle of my mind. In Jesus Name, Amen!

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