

Parenting Tools:

- Prayer -



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“Pray without ceasing,” says 1 Thessalonians 5:17. One of the best ways to disciple your children as you go is share with them the joys of ceaseless prayer. Here are some ideas for incorporating prayer into everyday life with your 7-year-old:

- **Praying in the car** If an ambulance or fire truck passes you with its lights on while you’re driving, use this time to pray out loud for those who might be involved in the emergency. Always pray for the spiritual condition as well as the physical condition of the people involved in the accident. This is a good time to teach your children that we are called to pray for others (Job 42:10; 1 Timothy 2:1; James 5:16), and to show we care for others, even people we don’t know. It also shows that we believe in the power of prayer (1 John 5:14-15; Mark 11:24; John 15:7).
- **Praying at the dinner table** After Christmas, keep your old Christmas cards, and put them in a basket. At dinner, pass around the basket, and let each person choose a card out of it. When you bless the meal, have each person say a prayer for the family represented by the card. Again, this teaches our children that God calls us to pray for others (Job 42:10; 1 Timothy 2:1; James 5:16) and that we believe in the importance and power of prayer (1 John 5:14-15; Mark 11:24; John 15:7).