

# Reaping and Sowing:

## A Newsletter of Ashley and Kilbourne

February and March 2019



*Claiming ~ Creating ~ Celebrating*

We will soon begin a stewardship sermon series and campaign at both churches. Forget the idea that this is just about pledge cards and money! We certainly will discuss financial giving but it is so much more.

*Abundance: Pass It On* will focus on all the areas of stewardship, that is to say all areas that we should be giving to God and to ministries. We will spend time claiming the ways we are called to have abundance, discuss creating abundance and an atmosphere of abundance, and we will celebrate the abundance we have and the abundance we expect in the future. Abundance is never meant to be hoarded so we will be focusing on passing on our abundance.

Kicking off in March, *Abundance* is not a heavy series but it is one that calls us all to be more serious about being a disciple of Christ and about being part of the body of Christ.

I hope that all of you will come to this series with open hearts and minds. I am excited about the chance for us to claim, to create and to celebrate!

Pastor Beth

## Fish Eyes!

Mark your calendar for March 10<sup>th</sup> because there is a fabulous evening of fun planned hosted at Kilbourne UMC!

We will be serving a dinner starting at 5:30PM. Then at 6:30PM, we will have the delight to have Stage Righteous, a local religious acting group, perform their show *Fish Eyes*. *Fish Eyes* is a humorous but poignant take on the fishermen who would become disciples of Jesus.

A freewill offering will be taken for the evening which will benefit the Good Samaritan Fund which offers financial assistance to individuals and families in the Kilbourne and Ashley communities. Consider this a perfect evening out and bring your friends and family!



## Movie Night

Come out on Feb 24<sup>th</sup> at 6:00PM for movie night!! We will be watching the movie "I am Gabriel." About a small town and its residents who are all struggling, this is a story of faith, hope and revival. All are welcome. Bring your own drink- popcorn is free! This is great by itself but is also a good lead in to our Lenten Bible Study.

## Special General Conference of the UMC



The United Methodist Church holds General Conferences every four years to gather delegates from all the jurisdictions of the global church to order the life of the church.

However, in February 2019, delegates will be gathering for a special General Conference.

This conference has been called in order to hopefully find a resolution to the quandary the UMC finds itself manifested in the debate over human sexuality. Among other things, delegates will vote on a plan for the future. Three major plans have been put forth.

This is likely to be one of the infrequent times that the secular news reports on a general conference of the UMC. In order to make sure we are as educated and aware as possible in advance of the conference and the news, we will have a meeting to discuss the three major plans.

All are welcome to gather at Kilbourne UMC on Feb 10 at 2:00PM. We will spend an hour presenting and discussing the three major plans. Those interested are then welcome to stay for an additional hour to delve into the scriptural grounding of various stances.

Please note that Pastor Beth is not considered an expert on these plans but will be presenting the information as best as possible from resources provided for the purpose of meetings like this.

# New Faith and Health Ministry

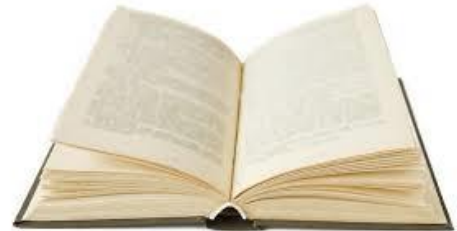
Many of us struggle to maintain a healthy lifestyle. Too many calories, too little activity, too much stress and so much more can make it hard for us to have the health we want. To that end, the Kilbourne Nurture Committee wants to offer all of us a faith based ministry that seeks to help us find health.

*The Daniel Plan* is a Christian based program that focuses on faith, food, fitness, focus and friends. This curriculum believes these five areas are essential to achieving a healthy lifestyle. As a six week program, this is a great short term commitment to help you begin to become healthier.

All who are interested are invited to attend an introductory session on March 3<sup>rd</sup> at Kilbourne UMC at 12:00PM. The program will be presented in more detail and the meeting day and time will then be set by those wishing to commit. While not a traditional Lenten discipline, this is certainly a great time of year to begin seeking health!

## Book Club

Join us at Kilbourne at 6:30PM for book club. All are welcome (even if you didn't read the book!)



Feb 25: *The Couple Next Door* by Shari Lapena

Mar 25: *Desert Flower* by Waris Dirie

April 29 (5<sup>th</sup> Monday): *Gentleman in Moscow* by Amor Towles

May 20 (3<sup>rd</sup> Monday): *Sold on a Monday* by Kristina McMorris

June 24: *Before We Were Yours* by Lisa Wingate

## Notes of Thanks

Thank you to all who donated to the love offering that was given to my family this holiday season. Your generosity was overwhelming and Felix and I were deeply touched. More than that, thank you for being who you are as individuals and as communities. We are so thankful to be journeying with such loving, supportive and compassionate churches. -Beth and Felix

Even though we may be past thanksgiving, the holiday season in general is a time where we reflect on the many blessings we find in our lives. I know many friends, myself included, who relish the opportunity to go home and spend time with family we haven't seen in too long. However, in this season of my life, I feel as though I am in a pretty unique position. While I read through the lists of what every one is thankful for, I rarely see anyone talk about how thankful they are about working at XYZ. Each and every one of you has been a tremendous blessing in my life and I cannot begin to count the ways in which I have grown from serving this community. So know that this holiday season, I thank God for the Kilbourne and Ashley Community. Thank you for your overwhelming gifts, graces, talents, time and your prayers. Because of you, I know that the spirit of God is present in this place. -Preston

# March 6<sup>th</sup>, 2019



Join together for worship on Ash Wednesday as we recognize the beginning of Lent.

Worship will be held at Ashley United Methodist Church at 7:00PM.

This solemn service is a powerful way to begin the season as a part of the community.

## Lenten Bible Study

Lent is a great time to commit to a short term Bible study! This year, we will be reading *Revival* by Adam Hamilton. *Revival* studies John Wesley's message and how his faith continue to speak to twenty-first-century Christians, calling for a revival of our hearts and souls so that our world might be changed. His story is our story. It's our heritage, it defines our faith, and it challenges us to rediscover our spiritual passion.

This is a must read! Sign ups will be available soon for dates and times. The cost of the book \$11 or you can find it used (check with Beth).

## A Note on Health: How to Prevent Winter Falls

I was in Michaels Craft Store last week and my tennis shoe caught on the tile floor and down I went. I think everybody in the store ran over to me to see if I was alright. I felt like a clutz. Ohio Health reports that 2.8 million older people visit emergency rooms annually with fall injuries. (Luckily, I wasn't one of them). Ohio winters can pose a fall hazard. Hand surgeon

Dr. Timothy Iorio reports that wrist injuries increase as the weather gets colder, along with shoulder and collarbone fractures. That's because people hold their arms stiff and turn their palms up to try and break the fall. He offers some suggestions on how to prevent winter falls:

1. Wear suitable footwear. Don't wear those fancy, slick on the bottom, shoes outdoors. Carry them in a bag or backpack and wear shoes/boots with some tread on the soles. ( I have a pair of stretch-on metal cleats for icy weather).
2. Give yourself extra time. GO SLOW.
3. Clear your path. If you can't see what's under your feet, you increase your risk for falls. Keep walkways shoveled and carry a small flashlight to light up your path at night.
4. Keep your hands free

He suggests that you carry your belongings in a backpack so your hands are free to grab a hand rail if you slip. Wear gloves to keep your hands warm and don't walk with them in your pockets. If you fall, don't jump up immediately. Take a moment to assess whether or not you're hurt.

There are a few FALL PREVENTION classes around Delaware ever so often. I'll help you find one if you're interested.

Ann Sanderson, RN  
Information taken from the Ohio Health Blog

# Kilbourne Leadership

If you believe a mistake has been made (you see your name where you should not or do not see your name where you should) please contact Pastor Beth. Mistakes are all accidental because the Pastor is a flake and will be corrected.

\*- Denotes Chair

+--Denotes vice or 2020 chair

## Finance Ministry

Treasurer: Elaine Humes

Lay Leader: David Veppert

Financial Secretary: Jane Horn\*

SPRC Rep: Cindy Parker

Trustee Rep: Sandy

Kizer

## Memorial Fund Ministry

Steve Sheets

Dorothy Fuller

John Humes

Sandy Kizer

## SPRC Ministry- **First Meeting of the Year- TBA**

2019

2020

2021

Adam Moore\*

John Humes

Cindy Parker

Bill Cackler

Ann Sanderson

Kathy Caudill+

Melissa Matlack

Lois Kramer

Peg Hynek

## Trustees

### **Second Meeting of the Year- Feb 11 at 7:00PM**

2019

2020

2021

Jeffery Humes

Shirley Humes

Ed Kern\*

Wayne Lockhart\*

Johnny Yarhouse

Sandy Kizer

Jim Hynek

## Lay Leadership Ministry (Nominations) Pastor Chairs

2019

2020

2021

Jane Horn

Dorothy Fuller

Jean Hightower

Sharon Walker

Jan Walker

Becky Hightower

Jim Hynek

## Nurture/Worship

### **Second Meeting of the Year- April 29<sup>th</sup> at 7:00PM**

Becky Hightower\*

Linda Vepert\*

Sandy Wicker

Shirley Humes

Peg Hynek

Melissa Matlack

Diane Milhoan

Jan Walker

Vicki Sheets +

Elaine Humes

Wilma Frost

## Outreach- Joint Kilbourne/Ashley Committee

### **First Meeting of the Year- Feb 4 at 7:00PM at Kilbourne**

Kathy Caudill\*

Elaine Germann

David Veppert

Bill Cackler

Jean Hightower +

Trent Pettit

Violet Cummings

## Administrative Council

### **Second Meeting of the Year- April 16 at 7:00PM**

Pastor: Elizabeth Ortiz

Lay Leader: David Veppert\*

Lay Delegate Annual Conference: Cindy Parker Alternate to Annual Conference: Jim Hynek

Members at Large: Sandy Wicker, Elaine Germann, Mary Fleming

Historian: John Humes

Membership Secretary: Donna Cackler

Council also includes the chair or rep from all committees, Treasurer, Memorial Treasurer, Financial Secretary

# Ashley Leadership

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\*- Denotes Chair

All committees except Nominations and Outreach meet at the same time except in cases of emergency.

## **First Committee Meeting of the Year for Ad Council, Finance, Trustees, and SPRC Feb 13 at 6:30PM**

Ad Council Chair: Junior Thatcher

Lay Leader: Cindy Thatcher

Financial Secretary: Iris Erion

Treasurer: Dedra Hall

### Trustees

2019	2020	2021
Tom Main	Bob Henry*	Dean Baldwin
	George Conklin	Twila Trimble

### SPRC

2019	2020	2021
Pat Tuggle	John Hall*	Ron Ruggles
	Joel Bennington	Bob Ewing

### Finance

Ron Ruggles\*

Members of finance are all members of Trustees, SPRC, Ad council, and the positions of lay leader, financial secretary, and treasurer

Joint Outreach Committee with Kilbourne (Kathy Caudill of Kilbourne serves as current chair)

## **First Meeting of the Year- Feb 4 at 7:00PM at Kilbourne**

2019	2020	2021
Joan Patterson	Beth Bennington	Scott Shoemaker
Donna Mitchell	Marilyn Hendrix	

### Nominations – Pastor Chairs

2019	2020	2021
Jean Masters	Cindy Thatcher	Joel Bennington
		Amy Ruggles

We have reinstituted the committee class structure. When your year or class rotates off you may be asked to serve for another three years.

Nothing prevents a member from rotating back on a committee except for nominations in which a member must take at least one year off for every three served. However, in order to achieve leader rotation there will be times when a new member is invited to serve and a previously serving member is given a year of respite. This is not reflective of a job poorly done but rather that we are all called to serve and so should practice a rotation of leadership.