

# Parish News

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## October Alms

October alms will go to the Rector's Discretionary Fund. This important ministry allows the priest to carry out the extended and individualized works of the church, which includes ministering to the poor, the hungry, the homeless, the sick, the downtrodden, the children, and more.

Please consider giving generously to support our priest in her mission here at St. Joseph's.



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## Attention All Ushers

New ushers, **as well as long time ushers**, there will be Usher Training and Refresher Training Sunday, Oct 21 at 9:30 AM.

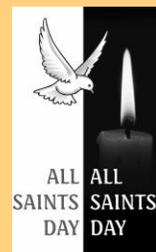
Please attend this short training session to insure all procedures are being followed.



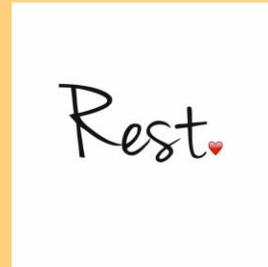
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## All Saints

If you have a loved one who has passed away whom you would like recognized on All Saints Sunday, there is a sheet to write their name on in the Narthex on the Huntboard.



**"A Day of Rest"**  
**Meeting Jesus in a Gospel Story**  
Saturday, Oct 27



Many of us live busy lives filled with demands and responsibilities that are sometimes overwhelming.

During this retreat day participants are invited by Jesus to come away to a quiet place and rest.

Through three Gospel scenes we will discuss and reflect on:

Rest for the Tired and Weary  
Rest when Facing the Impossible  
Rest for the Journey

Please bring something to write with and on, some snacks and a bag lunch. We will begin at 9:00 in the Parish Hall and end with Communion no later than 3:00pm.

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**Parish Wide Gathering**

**Family Systems Theory Discussion**

*"For as in one body we have many members, and not all the members have the same function, so we who are many are one body in Christ, and individually we are members one of another."*

12:4



Romans

St. Paul's use of the Body of Christ as a metaphor for the Church is an apt description of the interconnectedness of the members of a congregation (as well as the congregation's relationship to the larger Church). St. Paul asserts that each part of the Body is related to and affected by every other part. The hand cannot say to the eye "I don't need you." This is not just a hoped-for goal of the Church; it is indeed an accurate description of how things actually work.

**Family Systems Theory: The Congregation as a System** - This parish-wide gathering on **October 28th** provides an introduction to Rabbi Edwin Friedman's family systems theory and its particular application in times of transition in congregations.

The purpose of looking at St. Joseph's through the lens of family systems theory is not to diagnose, but to understand. When one understands what makes a congregation function in both healthy and unhealthy ways, one is better positioned to bring health to a community. Through self-differentiated leadership by both clergy and laity, congregations can move forward, focusing on their strengths and living out of their positives.

Please plan to attend after the 10:30 service and bring a dish to share. I hope to see you there for good discussion and fellowship!

Denise+

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### Thank You Robbye

With gratitude, we say thank you to Robbye Drane for filling in as our supply organist the last 5 months. Sunday, Oct 28, Coffee Hour will recognize our thanks with a cake.



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### Friedemann Stihler

Friedemann Stihler has been hired as our new organist. His first Sunday worshiping with St. Joseph's will be Nov 4. Below is his Bio.



Friedemann has an impressive 40-year career in the field of sacred music, composing and arranging his own music and lyrics. He has been highly successful in, and passionate about, playing the organ and piano regularly at Sunday church services for the past 45 years whilst leading multiple choirs. Friedemann also has extensive touring experience earning recognition on a national and international stage winning various awards with the semi-professional choir Joyful Voices. Friedemann was recognized for his conductor and musical director work with SATB, TTBB and SSAA choirs over the past 40 years in 2016.

Friedemann's love of music began at the age of five when he first started playing the piano. Since this time music has been a strong and constant pillar throughout Friedemann's life. Just as music provided him a sanctuary from which he has developed his craft he in turn utilizes the same to impart his musical knowledge through piano, organ and vocal training. Friedemann focuses on providing his students with both a fun and challenging environment that keeps children of all ages engaged all the while helping them develop the life skills to achieve their goals both as musicians and individuals.

In 2018, Friedemann and his wife Silvia immigrated to the United States on an O1 (person with outstanding ability) visa and is approved by the United States Customs and Immigration Service to legally work in the USA.

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## Hurricane Michael

If you are interested in making a personal donation to Episcopal Relief & Development to help fund the aid offered recent victims of the devastating hurricanes, you may [donate here](#) .



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## Happy to Visit You!

Message from Rev. Denise:

I want you to know that I'm very pleased to visit all of you -- not just those whose health prevents them from attending church. You don't have to need anything for me to come. The visit is its own reason.

I can be flexible depending on the day and week. Please email [coachfortransitions@gmail.com](mailto:coachfortransitions@gmail.com) or call the church office at 770-957-7517 and we'll find a time to get together.

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## Prayer Request? Praise Report?

Prayer Requests, as well as **Praise Reports**, can now be submitted through the website. The Healing Prayer Team will pray for each submission and will join in praise the answered prayers.



All requests will be kept confidential. If you would like your request to be sent to the Parish, please state this in the Prayer Details section.

Check it out [here](#) and [here](#).

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St Josephs Episcopal Church, 1865 Highway 20 E, McDonough, GA 30252

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