

Strengthening Apostolic Families Everywhere



And that ye put on the new man, which after God is created in righteousness and true holiness. *Ephesians 4:24*



A New Year and a Renewed Spirit

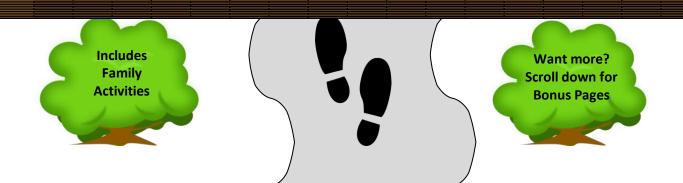
As we turn the calendar page to welcome a new year, it is good to take this opportunity to also renew our minds. 2 Corinthians 4:16 reminds us that with the passing of time these fleshly bodies change and will eventually perish, but not so with our inward spiritual man. Our spirits can be renewed "day by day".

Ephesians 4:22-24 encourages us to "put off" the old man and to "put on" the new man. Verse 23 of this chapter indicates that we have a *responsibility* to renew our spiritual minds. Just as the house we live in requires repairs and maintenance if we want to enjoy living in it, our body is considered the temple of the Holy Ghost. "If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are" (I Cor. 3:17).

In our physical houses it's a good thing to replace the batteries in the smoke detectors every year. Filters need to be changed from time to time to keep the air flowing properly in heating or air systems. Walls get dirty and need paint. The grass has to be mowed. The list goes on and on. In the same way our spiritual house must be maintained. Old stinky attitudes must be changed to reflect Jesus. Our minds, which are constantly bombarded by the evils of the world, need to be cleansed by God's Spirit, broken relationships with those around us may need to be mended.

How about taking inventory of your spiritual house today? What repairs need to be made so that it is a beautiful place for God's Spirit to live?

Family Prayer: Lord Jesus, thank You for keeping us safe through the past year. We ask for Your blessings in the year to come. Help me to keep my heart clean so that Your Spirit can live inside of me. In Jesus' Name. Amen.



Family Activities



Give each family member a notebook or piece of paper and pen (younger ones may use crayons and draw pictures). Take a few moments to quietly reflect on areas of your life that need a little "renewing." This may include spiritual, physical, or emotional needs. Encourage each person to follow through on the "repairs" that need to be made.

Let's talk

In I Corinthians 15:31, Paul makes the statement, "I die daily." Discuss what he meant by this. Did he actually die and come back to life every day? How can you apply this principle in your own life?

How does God want to use your family this year? Chart a plan for the coming year. Each month choose one area in which to serve as a family. It might include: visiting the elderly of your church and showering them with a few can goods, cleaning at the church, washing the pastor's vehicles, canvassing a neighborhood and inviting people to your church, doing a fund raiser for missions. How creative are you? Let God's Spirit direct you in reaching out to others. You may want to post your list in your S.A.F.E. HOMES scrapbook to refer back to and chart your results.

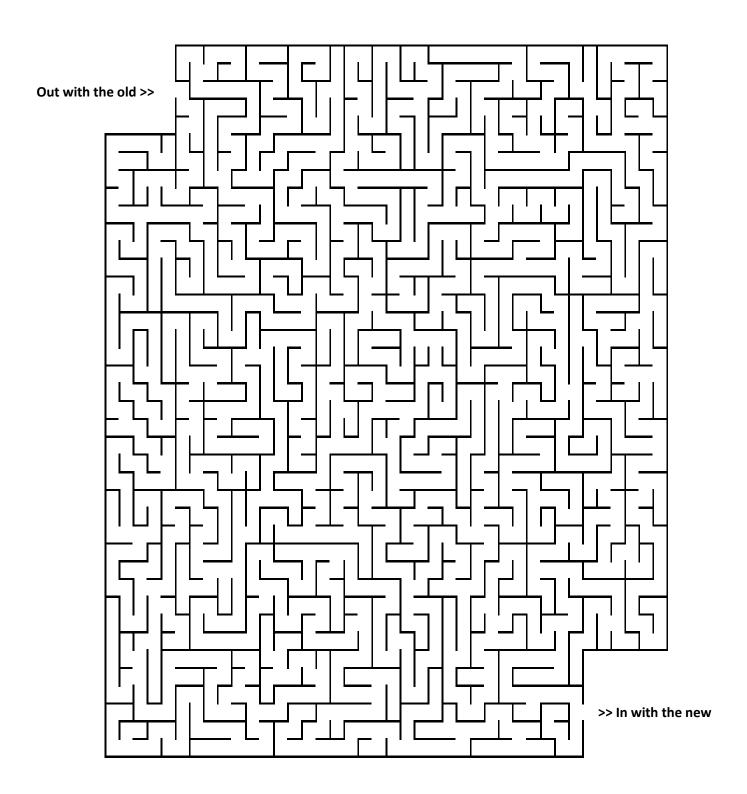


Additional Challenges

Ephesians, chapter 4, is very specific in telling us how to put off the old man and put on the new. Get your Bible and let's see what we're instructed to do.

You need to get rid of the bad stuff!

(verse 25)			
Put away	, speak		
(verse 26)			
You may get	sometimes, but do	n't	!
Make sure everything is settled			
hold a grudge).			
(verse 27)			
Don't let the	even have a place i	in your life.	
(verse 28)			
We know we shouldn't			
with your		ou provide for yourself in this	way, but you
can	to others.		
(verse 29)			
		shouldn't come out of you	ur mouth, but
what you say should			
to thos	se who hear you.		
(verse 30)			
We really don't want to do this!			
	•		
(verse 31)			
What things do you need to get			
	, and	_,	,
	Now "put on" the go	ood stuff!	
(verse 32)			
Be and		to each other.	
	one another.		
Why should we forgive others?			



Keep God's House Holy

