

Pointing to the Beauty

Supplies:

- a white handkerchief
- indelible colored markers

Thirteenth-century poet Jelalludin Rumi wrote:

I can't stop pointing to the beauty. Every moment and place says,
"Put this design in your carpet!"

—Rumi, *The Book of Love*, p. 21

Every day, with words and actions and attitudes, we weave a design with our lives. Do we find the beauty in every moment and place? Do we reflect it in our inner souls and in our outward relationships? Do we point others to it?

What gifts do you bring to those around you? What characteristics do you most want to cultivate? What blessings do you want to offer to the world? Write those words, or draw symbols representing them, on your handkerchief. You might want to use newspaper or an old magazine as a pad underneath your handkerchief so that the markers won't bleed through. Add pictures if you like—anything that reminds you of the beauty, joy, and peace you want to point to with your life, the designs you want to "put in your carpet."

Carry the handkerchief with you in your pocket or purse. Whenever you think of it, reach in and touch it, or get it out and read what you've written on it. Remind yourself of the beauty and possibility of your own life. Let that beauty guide you in the design you weave with your own life.

Point to the beauty. Put it in your carpet every moment, in every place. Give thanks to God for the daily reminders of Divine love and grace.

