

Personal Practice: Giving Testimony and Witness

Discipleship in Daily Living

Supplies:

- Bible
- Notebook or Journal

When we take seriously the call to follow Jesus, we become disciples and bear witness to God. How do we do this in day-to-day living? In this activity we will take time to consider this calling to discipleship as we go about our work and existence in community.

Before going to work or to the community activity, read Psalm 25:1–10 and say a prayer for openness and attentiveness. Throughout the day as you go about your daily activities, make note of the ways you interact with others. Be aware of the moral decisions you make each day.

In each instance ponder how God intersects this sphere. Write these down and place a check mark next to the encounters where you:

1. remembered that the person was a child of God;
2. treated that person as a child of God; and
3. made what you considered to be a good moral decision.

Then consider what Jesus has to say about such things.

At the end of the day, reflect on your new insights and on how you can be a follower of Jesus while living your life in the secular world. Being a disciple is hard work. Jesus requires much of his followers. Figure out the percentage of time you act as a Christian versus the amount of time you don't. Repeat this exercise from time to time.



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