

Personal Practice: Giving Testimony and Witness

Write Your Own Statement of Faith

Supplies:

- Writing materials, camera, and/or other creative supplies

It is a good exercise to write your own statement of faith. It is useful to have to put into words the way you experience God in your life. Our beliefs change over time. Creating a document can be intimidating, but if you remember that it reflects where you are at a specific time and not written in stone, it can be a tool to focus your thinking so that you can share it with another if called upon to do so.

Your statement of faith is personal. It may require a lot of soul-searching. It doesn't have to include everything you believe in detail. It is just the basic statement of your faith. You don't have to share it with anyone. It is for you, so that you might find words to share when you want to make testimony or witness. It may take the form of a credo, which is a set of beliefs, or it may be a statement that reveals your relationship with God. It might be easier to do in pictures, as a poem, in music, or some other creative outlet. The attachment includes samples of creeds and faith statements.

Samples of Statements of Faith

(see separate document in "Resource Center/Faith Practices/Giving Testimony & Witness")

