

## PRESS RELEASE

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New Beginnings of Northwest Connecticut

*An Interfaith Singles' Ministry of the First Congregational Church*

First Congregational Church

6 Kirby Road

P.O. Box 1285

Washington, CT 06793

Church Office (860) 868-0569

e-mail: [adminfirstchurchwashingtonct.org](mailto:adminfirstchurchwashingtonct.org)

**\*\* Please run this announcement through December 2, 2014.**

### **FOR IMMEDIATE RELEASE**

#### **Divorce Support Group Beginning New Session on December 2, 2014**

*Find solace, compassion, empathy and laughter in a welcoming community*

November 20, 2014 – Washington, Connecticut – New Beginnings of Northwest CT is now taking reservations for its next Divorce Support Group which begins Tuesday evening, December 2, 2014 from 6:30 PM – 8:30 PM and runs for ten weeks. The group is designed for people who are separated or currently in the process of divorce. It is also intended for those who are beyond the initial crisis of divorce but may still be struggling with unresolved issues relative to the loss of their intimate relationship. It is a closed group after the second week because of the type of personal sharing that takes place and the need for members to feel safe in their vulnerability so that healing may occur. Previous participants have been extremely enthusiastic about the positive impact of this program on their personal growth and well-being. As one previous participant commented, “If you are feeling stuck, come to this group. If you are caught up in anger or bitterness, come to this group. If you believe that no one could possibly understand the depth of your pain...come. Here you will find solace, compassion, empathy, and laughter. Give yourself this gift.”

Each support group is led by experienced lay facilitators. Pre-registration is required. For further information on this group or subsequent groups please call the Church Office of The First Congregational Church in Washington at 860-868-0569 or call Barb at 203-266-4706.

This program is sponsored by: New Beginnings of Northwest Connecticut, The Single Life Ministry of the First Congregational Church of Washington, CT, 6 Kirby Road, P.O. Box 1285, Washington, CT 06793.

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