

P R A Y E R P O S T	<h2>HOW</h2> <p>²⁶Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought but the Spirit Himself intercedes for us with groanings too deep for words. Romans 8:26 (ESV)</p> <p>⁹"But when you pray, go into your room and shut the door and pray to your Father who is in secret." Matthew 6:6 (ESV)</p>	<h2>WHAT</h2> <p>¹Now Jesus was praying in a certain place, and when He finished, one of His disciples said to Him, "Lord, teach us to pray as John taught his disciples." ²And He said to them, "When you pray, say: "Father, hallowed be Your Name, Your kingdom come. ³Give us each day our daily bread, ⁴and forgive us our sins, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation." Luke 11:1-4 (ESV)</p>
	<h2>WHEN</h2> <p>¹⁸. . . . always to pray and not lose heart. Luke 18:1⁸ (ESV)</p> <p>^{18A}. . . praying at all times in the Spirit, with all prayer and supplication. Ephesians 6:18^A (ESV)</p> <p>²Continue steadfastly in prayer, being watchful in it with thanksgiving. Colossians 4:6 (ESV)</p> <p>¹⁶Rejoice always, ¹⁷pray without ceasing, ¹⁸give thanks in all circumstances; for this is the will of God in Christ Jesus for you. I Thessalonians 5:16-18 (ESV)</p>	<h2>WHY</h2> <p>⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 (ESV)</p>

There is nothing ~ no circumstances, no trouble, no testing ~ that can ever touch me until, first of all, it has gone past God and past Christ, right through me. If it has come that far, it has come with great purpose, which I may not understand at the moment. But as I refuse to become panicky, as I lift up my eyes to Him and accept it as coming from the throne of God for some great purpose of blessing to my heart, no sorrow will ever disturb me, no trial will ever disarm me, no circumstance will cause me to fret ~ for I shall rest in the joy of what my Lord is! That is the rest of victory!" Alan Redpath